

# Carmel Swim Team

40 years strong and still too hot to handle!



FEBRUARY 2026

## UNBREAKABLE RECORD

Making a splash with 40 years of state titles

40-year streak deserves to be celebrated

By RICHIE HALL  
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INDIANAPOLIS – As they prove year after year, decade after decade, the Carmel girls swim team is up to whatever challenge comes its way.

The Greyhounds were challenged this past weekend at the IU Natatorium as the state swimming finals were expected to be close. But Carmel came through again, winning five events and using its trademark depth to claim its 40th consecutive state championship on Saturday, Feb. 14.

The Hounds scored 326.5 team points, comfortably ahead of the two squads that tied for runner-up, Fishers and Fort Wayne Carroll. They both scored 227 team points.

“It feels amazing,” said Carmel senior Molly Sweeney, a state champion in four events. “And I honestly think this is the best year yet, because the competition has been closer. Winning doesn’t feel as special when you win by like, 10 seconds, but since some of the relays were close, the individual wins were close, it was much more rewarding.”

Sweeney was involved with three of the Greyhounds’ five event victories. Carmel began the meet with a win in the medley relay; Sweeney joined Leah Debosch, Ellie Clarke and Sophia Floyd to finish the race in a time of 1 minute, 40.90 seconds.

Clarke claimed an individual event win several minutes later, with Clarke taking the individual medley crown. The sophomore edged out defending state champion Jordyn Glassley of Carroll by 0.12 seconds, clocking in at 1:57.73.

Clarke trailed Glassley and Zionsville’s Haley Hunter going into the last leg, the freestyle por-



(ABOVE) The Carmel girls swim team extended their national record state championship streak to 40 on Saturday, Feb. 14. The Greyhounds won state again, scoring 326.5 team points and placing first in five events. (BELOW) Sophia Floyd and Molly Sweeney celebrate.

tion of the IM. “My coach told me before the race that it was going to come down to freestyle,” said Clarke. “I just feel like I had the best freestyle and I knew that I could catch them if I was with them.”

Sweeney was the first winner after the diving break, taking the butterfly race in 52.78 seconds. Carmel then picked up 43 points from the 500 freestyle, where Haley Morris, Sabrina Ledwith and Helayna Weller finished 3-4-7.

The Hounds won the final two individual events to clinch the team championship. Clarke defended her backstroke title in a time of 53.08 seconds, with Debosch placing third.

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Reporter photos by Julie Brown



In 1993, when I was a junior in high school, I became a fan of tennis.

During the first semester of that year, I found a 10-year set of *Tennis* magazines (May 1982 to April 1992) at Half Price Books for only \$20. Talk about a bargain.

My mom was as surprised as I was. We bought it, and I took the set home and began poring over as many issues as I could, reading about the great players of the 1980s. One of the issues was June 1982, where it contained a preview of the French Open.

Bjorn Borg was the defending champion, having won four in a row and six overall. The great tennis writer Peter Bodo said this of Borg’s accomplishment: “[T]he ease with which Borg captured most of his titles has lulled us into complacency when it should only fuel our admiration and astonishment.”

You see where I’m going with this, Carmel swimming fans?

The Greyhounds’ girls swimming state championship streak has now reached 40 years, which means it has lasted 10 times as long as Borg’s French Open streak. He also won Wimbledon five consecutive times – or one-eighth of Carmel’s streak.

Not long after winning his last French title, Borg abruptly retired. He was burned out. Meanwhile, Carmel’s streak is still going and the Greyhounds have no intention of burning out anytime soon.

When I began covering Hamilton County sports in the 2007-08 school year, I was aware that Carmel was good at swimming. But I didn’t realize just how good until I saw the Greyhounds at the sectional in February 2008.

They were finishing 1-2-3 in what seemed like every event. The Hounds weren’t just reaching state cut times, they were obliterating them. And it all seemed like just another day’s work for Carmel.

I didn’t cover the state meet in 2008, but I was there in 2009. I had covered state before, but to watch other teams. This time I got to see the Greyhounds go to work and extend their streak. And I was probably a little astonished at how easily Carmel won.

Flash forward to today. I covered the Greyhounds winning state for the 17th time, having only missed one meet since 2009. (Stupid Covid confusion in 2021...) I’m no longer astonished by anything Carmel does with regards to swimming, but I certainly admire it more and more.

Think about it. The Greyhounds have won every state meet since 1986. The Carmel Athletics X (formerly Twitter) account posted about what life was like in November of that year.

Ronald Reagan was president. There was no Internet. *The Simpsons*, which has been on TV forever, had not yet debuted. As for me, I was 9 years old, in fourth grade, watching *ALF* and *Muppet Babies*, wearing out my Whitney Houston cassette tape and reading Archie comics.

And, most shockingly, there were no roundabouts in Carmel.

Here we are, 40 years later. The Greyhounds are still winning. This year’s meet was a little closer, but that famous Carmel depth helped the team reach another remarkable milestone.

Even after all these years of success, it seems as if the Hounds don’t get all that much recognition outside of Carmel. Perhaps that’s a price paid for being so good for so long. Like Borg with the French Open and Wimbledon way back when, people have been lulled into complacency by so many decades of Carmel winning.

That is the reason for this special section. You’ll see coverage of this year’s historic meet, pictures from the present and past, interviews with former Carmel swimmers and a complete list of everyone that scored points for a Greyhounds team during the streak.

It’s only a little percentage of the millions of words that could be written about Carmel’s streak, but I hope it will be appreciated by the Carmel swimmers, coaches and fans who have put together one of the most incredible achievements in sports – one that deserves to be celebrated.

## Acknowledgements

Putting together a retrospective on 40 years of swimming excellence requires a ton of work, especially since this is something I want to be perfect.

This Special Edition might not be perfect, but I certainly hope it contains enough to let the swimmers and their accomplishments over the past four decades shine through. I also had quite a bit of help along the way.

The vast majority of information on the individual meets came courtesy of the IHSAA website. I used old copies of the *Noblesville Ledger* to help fill in any gaps along the way as well as quotes from coaches and athletes

from the 1980s and 1990s.

A special thank you goes to Carmel High School athletic directors Jim Inskeep and Jeff Hester for their support, especially by providing us with the first 39 state championship team photos of the streak. There were so many we had to spread them over two pages!

A special shout-out to Carmel High School principal Dr. Tim Phares and Carmel Clay Schools superintendent Dr. Tom Oestreich for their early support and enthusiasm for this Special Edition as well.

Thank you to Carmel swimming alumnae Christine Sim-

mons (Class of 1989) and Lindsey Carlberg (Class of 1998) for talking with me and providing extra insight into the early years of the Greyhounds’ dominance.

Julie Brown has been taking excellent swimming photos over the past couple of seasons and you will see them in this section. Bret Richardson took photos for me for many years and those old photos are published here as well.

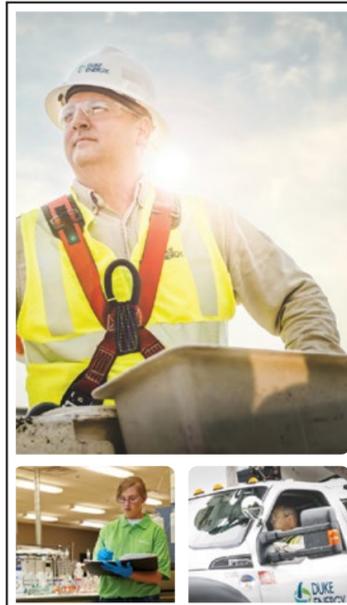
Erica (Watts) Waelty provided us with a link to the “Carmel Road to 40” Instagram account and graciously allowed us to use some of these photos for the section.

Thank you to my colleagues Stu Clappitt and Isaac Taylor for designing this edition and checking it to make sure it looks great.

A big thanks to our advertisers: the Carmel Fire Department, Duke Energy, Friends of Mark Hall, Pasto Italiano, Gaylor Electric, Christopher Barrows for Judge, Merchants Bank, Kroger, and Nickel Plate Express for making this Special Edition possible.

And of course, there is no Special Edition without the hundreds of Carmel swimmers and coaches that made The Streak possible. Thank you for being so great.

– Sports Editor Richie Hall



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## Not all records are about The Streak

**The REPORTER**

It might take another special edition just to detail all of the records the Carmel girls swim team has at the IHSAA state meet.

Besides the obvious consecutive state championship record, the Greyhounds hold several other records as well. Some are just as obvious, others are a little more interesting.

One of the obvious marks is largest winning margin. Carmel set that mark in 2021 when it won state with a 279-point gap over Fishers.

Carmel's smallest winning margin? Six points.

The Greyhounds edged out Elkhart Central 190-184 to win the 1992 state title. (The smallest margin ever was three points in 1976, when Munster eked out a 133-130 victory over South Bend Clay.)

In terms of points scored, Carmel rung up 498 points to win the 2023 meet. The most points possible at a meet is 597, with 40 points for winning each of the three relays and 53 points if a team goes 1-2-3 in each of the nine individual events, including diving.

The 2023 meet also saw a record for most event wins, with the Greyhounds

taking 10 events. Carmel won seven individual races that year and swept all three relays.

Speaking of relays, the Greyhounds scored sweeps in 18 different editions of the state tournament. In fact, Carmel won 17 consecutive relay races at one point, spanning from the 2012 400 free relay to the 2018 medley relay.

In all, the Greyhounds have won 203 events at state, including the five they claimed at the 2026 meet.

Eleven different Carmel swimmers have won at least 10 events. Claire Adams (2016) leads the way

with 16, the only swimmer to do so. Veronica Burchill (2016) and Alexandra Shackell (2025) both claimed 15 events.

Emily Ayers (1996) was the longtime record-holder, as her 14 state titles were the top mark for 20 years. Molly Sweeney (2026) finished her career with 13 victories.

Berit Berglund (2023) and Kelly Pash (2019) each won 12 events. Lacey Locke (2013) totaled 11 event wins. Three more Carmel swimmers reached 10 wins: Gretchen Lueking (2022), Trude Rothrock (2018) and Katie Simmons (2000).

## Before The Streak

**The REPORTER**

Carmel is known for the team state championship streak, but the Greyhounds have been winning individual state championships since the very beginning.

In fact, Carmel won the first individual state title back on March 15, 1975, when the meet took place at Warren Central. Kathy Schaeffer was first in the 200 freestyle, in a time of 2 minutes, 2.44 seconds.

That year's inaugural meet took place at Warren Central High School. Girls swimming was considered a winter sport back then, but it moved

to the fall season starting with the 1975-76 school year. Girls swimming stayed a fall sport until the 1996-97 school year, when it moved back to the winter season.

Here is a list of other Carmel individual state champions before The Streak:

**1980:** 200 medley relay (Lauran Deam, Colleen Metzgar, Beth Olsen, Andy Thomas); Metzger, 100 breaststroke.

**1981:** 200 medley relay (Deam, Kim Kobza, Olsen, Thomas); Deam, 100 breaststroke.

**1983:** Tiffany Mumm, 100 breaststroke.

## RECORD

from Page 1

Sweeney won the breaststroke in 59.24 seconds, giving her a third state title in that event. She also won the breaststroke as a freshman and sophomore.

"Our team swam really well as a whole," said Clarke. "I think everyone really stepped up when they needed to, and we got a lot of important races. Personally, I swam all right, but I think this is a meet where place is more important than time."

Carmel finished the meet with 14 "A" Final finishes, the most of any team. Carmel's two freestyle relays both placed highly, with the 400 free relay taking third and the 200 free relay finishing fourth.

Greyhounds coach Chris Plumb, who coached his 20th Carmel girls team to victory, said his team did "a great job to put themselves in position" to claim another state title. The Hounds had six swims reach the "B" Final as well, scoring even more team points.

"The meet's won on Friday night and they did an awesome job, and they even did better today," said Plumb. "It was just a great weekend, but a tribute to their responding to the challenge of the other teams."

The Greyhounds made some history in diving, too. Helena Gibson finished second in that event, the best-ever finish for a Carmel diver at state. Gibson, an Air Force Academy recruit,

scored 488.85 points over her 11 dives.

"It has been crazy," said Gibson, who placed third last year. "I never thought that I would be where I am in diving. Seeing the improvement every year just makes me so happy."

**State results**  
Top five team scores: 1. Carmel 326.5, T2. Fishers 227; Fort Wayne Carroll 227, 4. Zionsville 201, 5. Penn 157.

**Carmel results**  
200 medley relay  
"A" Final: 1. Carmel (Leah Debosch, Molly Sweeney, Ellie Clarke, Sophia Floyd) 1:40.90.

200 freestyle  
"A" Final: T5. Haley Morris (C) 1:50.63.  
"B" Final: 10. Madelyn Yonkus (C) 1:52.03, 13. Sabrina Ledwith (C) 1:52.80.

200 individual medley  
"A" Final: 1. Clarke (C) 1:57.73, 5. Debosch (C) 2:02.25, 8. Lucy Enoch (C) 2:03.74.

50 freestyle  
Prelims: 30. Story Hughes (C) 24.93.

One-meter diving  
Finals: 2. Helena Gibson (C) 488.85.  
Prelims: 28. Emily Linder (C) 154.30.

100 butterfly  
"A" Final: 1. Sweeney (C) 52.78. Prelims: T23. Maria Daily (C) 57.84.

100 freestyle  
"B" Final: 10. Floyd (C) 52.42, 12. Enoch (C) 52.77, 13. Henderson (HSE) 52.91.

500 freestyle  
"A" Final: 3. Morris (C) 4:57.99, 4. Ledwith (C) 4:58.21, 7. Helayna Weller (C) 5:02.24.

200 freestyle relay  
"A" Final: 4. Carmel (Floyd, Debosch, Enoch, Sweeney) 1:34.51.

100 backstroke  
"A" Final: 1. Clarke (C) 53.08, 3. Debosch (C) 55.19. "B" Final: 15. Weller (C) 58.38.

100 breaststroke  
"A" Final: 1. Sweeney (C) 59.24. "B" Final: 12. Payton Clark (C) 1:05.54. Prelims: 17. Yonkus (C) 1:06.17.

400 freestyle relay  
"A" Final: 3. Carmel (Clarke, Floyd, Morris, Enoch) 3:25.24.

Prelims: 26. Westfield (Wheat, Macy Brown, Nalani Hendrix, Katherine Cassidy) 3:43.17.

## Carmel's 42-year sectional streak

**The REPORTER**

The continuation of Carmel's state championship streak is a remarkable achievement.

But the Greyhounds have another streak going, one that's even longer. This year, Carmel won its 42nd consecutive sectional championship.

The Hounds began their sectional streak in 1984 and have claimed a sectional trophy every season since then. Overall, Carmel has 43 sectional titles in program history, by far the most of any school. The Greyhounds won a sectional in 1975, the very first year of the IHSAA state tournament, then went 10 seasons without a title until beginning their current streak.

With the Greyhounds' success in the state tournament, the sectional round is seen almost as a formality. But each Carmel team happily poses with the trophy each year and understands



Photo provided

In addition to their state championship streak, the Carmel girls swim team is on a streak of 42 consecutive sectional championships. Pictured is the 2018 sectional champion team.

its significance: you can't qualify for state unless you do well in the sectional.

"I think it's good to have

the young people experience it, learn what it takes, understand the concept,"

said Hounds coach Chris

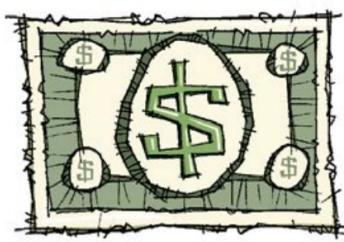
Plumb after Carmel won this year's sectional title. "We don't want to take anything for granted."

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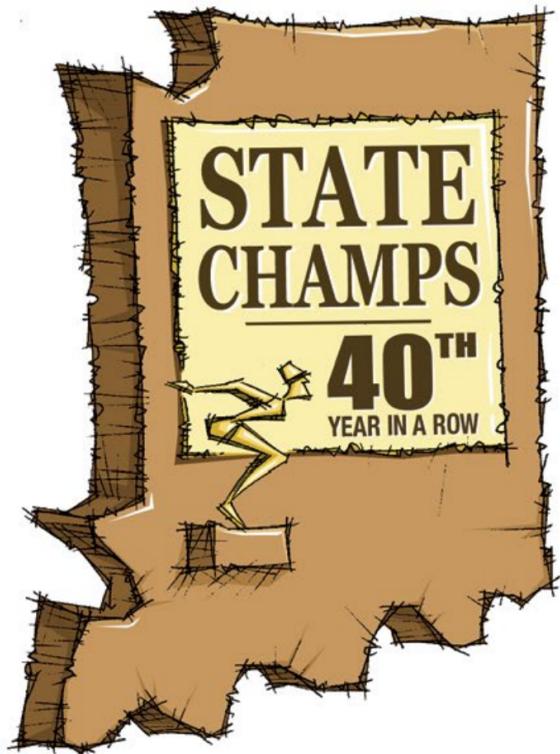
## THINGS THAT ARE CERTAIN IN LIFE



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# Sweeney finishes strong

By **RICHIE HALL**  
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By stepping back, Molly Sweeney figured out how to move forward.

The Carmel senior had another fantastic IHSAA swim meet on Saturday, Feb. 14. She helped the Greyhounds lead off the meet with a medley relay victory, then later won the butterfly and the breaststroke events, claiming her third state title in the latter race.

Not bad for someone who was considering leaving the sport last year.

Sweeney won the individual medley and breaststroke events her freshman and sophomore years. That put her halfway to a four-year sweep of both races, a feat that only two other swimmers in state history have accomplished.

Sweeney remembered the interviews during her sophomore season. How did it feel to be on track to win both events all four years? "Oh, it's cool," she said.

The next year, during her junior year at state, she finished second in both events. That prompted some re-evaluating.

"Way off my best times. Not even close," said Sweeney. "I really hated the sport. I was experiencing some overtraining syndrome. I'm being so serious when I say I wanted to quit. It got that intense for me and I had to take a step back and realize that there's much more to life than swimming, and I have this God-given gift as an athlete and I'm just trying to use it to my fullest and make others around me better."

"And I started to have more fun with it. I swim my best when I'm having fun. I never swim my best when I'm too focused."

As a result, Sweeney changed her training and her mindset. Both things worked.

"It's funny because a lot of people say I train like a sprinter, even though I swim the 200 breaststroke and all that," Sweeney said. "Personally, my body needed less and I was trying to trust that. I think trusting the process was the biggest thing for me."

The process resulted in three more state titles. Sweeney hadn't participated in the butterfly at state before but powered her way to victory in 52.78 seconds. As for the breaststroke, Sweeney dropped over three seconds from her state time last year. This year, Sweeney finished in 59.24 seconds.

Sweeney's role was also different this year in that she was a senior among several talented freshmen and sophomores. She became a leader, which is something she enjoyed.

"I love leading others around me, but I also love watching the young ones also become leaders," said Sweeney. "I've always tried to be a leader even when I was young. Not like that bossy leader but just being kind to every girl. There's girls who are different, there's girls who are quiet and I just try to include everyone and really make them feel like they're special."

"I thought Molly did a great job this past year," said Carmel coach Chris Plumb. "She was captain of the team. She knew what our team needed to do, both inside and outside of the pool."

Sweeney graduates with 13 state championships and she will swim for the University of Tennessee this fall.



**CHAMPION IN MOTION:** Molly Sweeney dives off the board and begins her breaststroke swim at the 2026 IHSAA state meet. Sweeney won the event, her third of the day and finished her Carmel career with 13 state championships.



Reporter photo by Julie Brown

# Some things change, others never will

*Simmons on The Streak's beginning*

By **RICHIE HALL**  
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There's no way any of them could have predicted it, but the swimmers on the Carmel state championship teams of the 1980s were pioneers.

They were the Greyhounds who started The Streak that just finished its fourth decade. One of those swimmers, Christine Simmons, talked with The Reporter about her memories of Carmel swimming. During an hour-long discussion, it was obvious some things had changed, but there things that were the same 40 years later.

"We were all there together every day, practicing, lifting weights, swimming, running," said Simmons, who graduated from Carmel in 1989. "It was all of us together. Everybody was doing the same number of laps in the pool, showing up at 5:30 in the morning. You certainly need everyone to win the state championship."

Simmons was a sophomore when The Streak began in 1986. She was part of the state champion medley relay team, winning the first ever event of the streak. Heidi Hafner, Missy McCracken and Ginger Faerber joined Simmons in setting a new record in that event of 1 minute, 47.04 seconds.

The Greyhounds won the next two medley relays at state, setting a new national record in 1988. Simmons, Faerber, McCracken and Tricia Tyner finished that race in 1:45.73.

"We realized my senior year, 'Wow, we could actually set a national record,'" said Simmons.

"From that point on through the season, we would talk about our goals and ultimately we did, we broke the national record," said Simmons. "That's something we are very proud of, the relay wins because it's more of the team aspect."

While swimming may look like an individual sport — only one swimmer at a time in each lane — Simmons said it's much more of a team sport, and Carmel has embraced the concept of being a team for decades.

"It has to do with the culture of the team," said Simmons. "What was unique about us was we were each other's competition in a lot

of ways, but we were also friends and we were able to maintain that. We were fighting each other for spots on the team, and spots on relays. Ultimately, gold medals. We went 1-2 many times in the 80s in events, where you're beating your own teammate to get first. But through all of it, we were able to maintain our friendships. I think it's because of the relays, because that's when you're working together on a team."

Simmons has kept up with the Carmel team over the years. She currently lives in Texas and took her daughter to the 2019 NCAA championship meet at the University of Texas.

"I remember in the 100 freestyle, Claire Adams, Amy Bilquist and Veronica Burchill were all in the finals," said Simmons. "It was really fun to see a bunch of the Carmel girls that I had watched at the high school [state] meet back in 2015, now at the NCAA Championships in 2019, now scoring points for some of the best college teams in the country."

Each of those names are among the best swimmers in Indiana high school history. Adams is the only swimmer to win 16 state titles in her career. Burchill won 15 state titles. Bilquist won eight, but that's because she transferred to Carmel from California before her junior year.

Another University of Texas swimmer, Kelly Pash, totaled 12 state titles. Simmons' sister Katie Simmons swam for Carmel from 1997 to 2000 and finished with 10 state titles. Christine totaled four: her three medley relay swims and a backstroke win her senior year.

With The Streak going on as long as it has, the Carmel swimmers are mindful of history. Christine Simmons gave the perfect example.

"The thing I loved about the reunion we had after 30 is hearing the story about the team that broke our school record," said Simmons. "She said our four names. Just to know that the girls on the teams ever since I left were looking at our names on the board and that was the goal, to take our names off the board. It made me feel good that we were remembered through that. But that was always a goal.

Records are meant to be broken."





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(ABOVE) Sweeney also won the butterfly event at state.

# Carmel champs carry on in college

By **RICHIE HALL**

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With over 200 individual championships to their credit, it's not breaking news that Carmel's girls swim team has had countless members go on to swim in college.

Several of those swimmers have made impacts at the college level. During the past 20 years, Greyhounds have won eight NCAA national titles.

Taylor Baughman swam for the University of Arizona and was part of three winning relays (200 freestyle, 400 free and 800 free) during the 2008 national finals. Baughman was also on the champion 200 free relay team at the 2009 NCAA finals.

Amy Bilquist transferred to Carmel in her junior year and won eight IHSA titles before graduating in 2016. Bilquist swam at the University of California and was a five-time national champion. She swam on the 200 free relay in 2016, 2017 and 2019, and was also part of the winning 400 free relay and 400 medley relay teams in 2019.

As for other places, Bilquist finished as runner-up six times, starting with the 800 free relay in 2017. Bilquist was part of three runner-up relay teams in 2018: the 200 free, 400 free and 200 medley. She placed second in the 100 backstroke in 2019 and was part of the runner-up 800 free relay that same year.

Finally, Bilquist was part of Arizona's third-place 400 free relay team in 2017 and 800 free relay team in 2018.

Veronica Burchill also made the medalist stand twice in her career at the



Carmel's Kelly Pash was a 12-time high school champion for the Greyhounds and went on to make an impact at the University of Texas. Pash is pictured here swimming in the 2024 U.S. Olympic Trials at Gainbridge Fieldhouse in Indianapolis.

Reporter file photo by Julie Brown

University of Georgia. In 2017, Burchill swam on the second-place 400 free relay team and the third-place 200 free relay team.

The most recent Carmel college swimmer to

impact the NCAA national championships is Kelly Pash. The University of Texas star was part of the Longhorns' runner-up medley relay team in 2024.

Pash has also earned seven third-place finishes. In 2021, she took third in the 200 freestyle and was part of the 400 medley relay team that picked up the bronze. Pash

placed third again in the 200 free during the 2022 NCAA meet.

In 2023, Pash was third in the 200 butterfly and was part of the 800 free and 400 medley re-

lay teams that were also third. Pash swam on the 200 free relay team that was third in 2024. She would also swim in the Olympic Trials in Indianapolis during June 2024.

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For Judge - Superior Court 9

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(ABOVE LEFT) Aaron and Alexandra Shackell signed autographs for fans after the question-and-answer session. (ABOVE RIGHT) Carmel Swim Club celebrated its Olympic swimmers on Thursday, Aug. 15, 2024, at Carmel High School. Pictured are Alexandra Shackell (and her two medals), coach Chris Plumb and Aaron Shackell.

Reporter file photos by Richie Hall

# Swimming from Carmel all the way to Paris

By RICHIE HALL  
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There were already a sizable number of people in the Carmel High School Main Cafeteria on Thursday, Aug. 15, 2024, waiting to hear from two Olympic swimmers and their coach.

Carmel siblings Alexandra and Aaron Shackell were set to make their entrance to talk with Carmel Swim Club members after their experience at the 2024 Paris Olympics, along with Carmel Swim Club coach Chris Plumb, who was one of the assistant coaches for Team USA.

Right before they spoke, more Carmel Swim Club swimmers appeared. Many of them. Roughly 200 more young swimmers rolled into the cafeteria for the half-hour question-and-answer session starring the Shackells and Plumb.

Afterwards, those same swimmers got a chance to take a group picture with the siblings and there was a fair amount of autograph signing as well. Alexandra and Aaron accommodated them all, happily making time for all of the young swimmers; after all, it wasn't that long ago that Alexandra, 17, was a young swimmer herself.

"I remember when I was younger and I would see an Olympian in person, I'd be starstruck," said Alexandra Shackell. "Being the Olympian now is really weird, but I want these kids to know they can do it too, and I was their age before going to

**Editor's Note**

Carmel's years of excellence in swimming made the program an Indiana powerhouse early on in the Greyhounds' streak. The nation, and then the world, began to notice that excellence in the 2020s. Indianapolis hosted the U.S. Olympic Trials in 2024 and there was a sizable Carmel contingent at the meet.

Alexandra Shackell, who had just finished her junior season for the Hounds, earned a place on Team USA by placing second in the women's 200 butterfly finals. Alexandra joined her brother Aaron Shackell, who had earlier qualified for Team USA by winning the men's 400 freestyle race.

Both Shackells competed at the Paris Olympics, where Alexandra swam on two relays with Team USA: the 4x200 freestyle and the 4x100 medley, swimming in the semifinals of both.

The Americans won gold in the medley relay and earned silver in the freestyle relay. As a result, the entire roster, including Alexandra, won medals.

The Shackells had a familiar face coaching them. Carmel coach Chris Plumb was named one of the assistant coaches for Team USA.

On Thursday, Aug. 15, 2024, the Shackells and Plumb returned to Carmel High School for a question-and-answer session. Sports editor Richie Hall was also there and had this report, which appeared in our Aug. 16, 2024 edition.

be an Olympian. Anyone can do it."

Alexandra Shackell became the first female swimmer from Carmel to win an Olympic medal as part of two Team USA relays. She swam in the semifinals of both relays, participating on the 4x200 freestyle and 4x100 medley teams.

The 4x200 free squad placed second in the finals, making all who participated eligible for a silver medal. Then on the last day of the swimming competition, the 4x100 medley team won the gold medal, with the entire relay roster again getting a medal.

Alexandra told the crowd if a swimmer has an opportunity for an Olympic medal, "you don't deny that." And of course,

she brought both of those medals to the ceremony. Alexandra said that having the medal put around her neck "was the most surreal moment. Looking at it in my hand right now, both of them, it's the best experience ever and I always wanted one so bad."

Aaron Shackell qualified for the Olympics after winning the 400 freestyle race at the U.S. Olympic Trials in Indianapolis. Once he was at the Paris games, he started thinking of Team USA right away.

"I knew that me and Kieran [Smith] were going to have a tough time making finals and I really wanted to have an American in the final, whether it was me or Kieran," said Aaron Shackell. "But I wanted to make it myself. Being in an Olympic final



Reporter file photo by Richie Hall

Carmel Swim Club coach Chris Plumb speaks to the large crowd at the start of the celebration.

is something that almost no one gets to do and being able to go against all those guys in the final, some of the best 400 freestylers of all time, was super cool. I didn't perform like I wanted to, but we'll be back in four years and hopefully the next few years at world championships."

Aaron placed eighth in the 400 free, which was swam early in the games. But he continued to support his fellow Americans throughout the remainder of the swimming events.

"Aaron showed up for eight straight days to cheer on the team," Plumb told the crowd during the Q&A session.

"It was just really nice to be there and competing for Team USA and trying to make finals and cheer-

ing everyone on," said Aaron Shackell. He also gave a shout out to the Carmel Swim Club swimmers that supported him along the way.

Alexandra Shackell also mentioned the support she got during the games.

"All my friends did, and some parents definitely did reach out," said Alexandra. "It's always great to get the extra support, especially the night before you race."

Meanwhile, Plumb told the crowd that he had always dreamed of going to the Olympics since he was little. He began coaching at Carmel Swim Club and Carmel High School in 2006, taking over what had already been a powerhouse program. Since then, Carm-

el has continued to reach new heights.

"We had this vision to have it happen," said Plumb "It just takes a long time. This only happens every four years. To have it come to fruition, I remember what I said when I said today, 'these dreams do come true,' and this was a dream of mine, to have it happen here. And to realize that and to visualize that and to put it out there into the world, and it's manifested today. It's a proud moment to be able to stand here and have it with the club, especially with all the challenges you go through being a coach and raising your children here and all the stuff that comes along with it. It just feels good to say that we took kids to the Olympics and they have medals."



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# Good mental attitudes are contagious

By **RICHIE HALL**  
sports@readthereporter.com

In addition to decades of state championships, Carmel's girls swim team has also produced some good people.

The Greyhounds have had eight swimmers win the Mental Attitude Award over the years. The awards are given to those student-athletes who have best demonstrated mental attitude, scholarship, leadership and athletic ability.

Here's a look at those eight winners.

**1989: Ginger Faerber**

Faerber was the first Carmel swimmer to win the Mental Attitude award. She finished her career with eight state championships, including four titles in the backstroke.

Faerber went on to swim at Purdue University, becoming a four-year letter winner. She earned Academic All-American hon-

ors and served as the team's captain her senior year. Faerber was inducted into the Indiana High School Swimming and Diving Hall of Fame in 2007.

**1995: Emily Ayres**

Ayers won 14 state titles at Carmel, a record that stood for 20 years. She was a four-time 50 freestyle winner and also swam in eight state championship relays.

Ayers swam for the University of Southern California; she was part of the Trojans' national championship team in 1997. She also served as the president of the USC Student-Athlete Council and team captain her senior year. Ayers also was inducted into the IHSSD Hall of Fame in 2007.

**2004: Erin Sparks**

Sparks became the third Carmel female to win the award. She won seven state championship medals during her career, including four during her senior year,

and was a Carmel High School Scholar-Athlete, holding with a 3.5 grade-point average.

Sparks went on to swim for the University of Alabama, where she was a team captain and team Most Valuable Player, in addition to making the SEC Honor Roll all four years. Sparks was inducted into the IHSSD Hall of Fame in 2019.

**2009: Jessica Hammes**

Hammes was the Carmel captain during her senior year, a season where she set state and national records as part of the medley and 200 free relay and also won the backstroke.

Out of the pool, Hammes organized and led the first Carmel Swim Club Holiday Food Drive for Hamilton County, is a Carmel Swim Club camp volunteer and has been a member of the Carmel Swim Club all four years of high school. She held a 4.14



Photo courtesy IHSSA

**Carmel's Ginger Faerber was the first-ever Mental Attitude Award winner for the Greyhounds.**

GPA and went on to swim at Stanford University.

**2011: Carly Marshall**

Marshall totaled six state championships in her career, including three during her senior season. She served as a team captain, was a member of the National Honor Society and a Greyhound Scholar Athlete each year and was

also involved in the Carmel Swim Club as an assistant coach for the 10 & Under swimmers.

Marshall went on to swim at Purdue University.

**2013: Lacey Locke**

Locke became the third Carmel Mental Attitude Award winner in five seasons. She finished her ca-

reer with 11 state championships.

Locke held a 3.55 GPA, participated in the American Cancer Society Relay for Life, has been a board member for the CHS Key Club assisting with volunteer efforts both inside and outside of school.

See *Attitude* . . . Page 7

## Once a Greyhound, always a Greyhound

*Eight-time champion Lindsay Carlberg talks about Carmel legacy*

By **RICHIE HALL**  
sports@readthereporter.com

By the time Lindsay Carlberg got to Carmel High School and the Greyhounds swimming team, everyone joining the team was aware of The Streak.

At the time, Carmel's streak was under a decade old, so in today's terms, it would still be considered new. But the Greyhound swimmers were aware of its significance: "You really just wanted to be a part of it," said Carlberg.

"There had been a lot of great swimmers that had come before us," she said. "There were so many role models that we looked up to in the years prior to us joining."

Carlberg and the

swimmers of the mid to late 1990's would become role models themselves. During her sophomore (1995-96) season, the Hounds scored 418 points to win state, which was a new record at the time. Carmel improved on that her junior year, totaling 420.5 points, a record that would stand for over a decade.

During the 1998 state meet, Carmel totaled 419 points. That run of three consecutive 400-plus point meets would not be replicated for over 20 years.

"We didn't really focus on attaining the most points and winning by the biggest margins," said Carlberg. "We wanted everybody to make the finals."

Just as it is now, Carlberg said the goal for Carmel was to "get everybody in," whether that be the championship heat ("A" Final) of the top eight or the consolation heat ("B" Final) of Nos. 9 through 16.

"We had three people in the top heat, so it was really more of a depth issue, and we all focused on our teammates," said Carlberg. "Strength in numbers. The third swimmer in each event, making sure they had their best meet and getting into the finals."

Carlberg won eight championships in her career. She was a three-time backstroke winner, a three-time 400 free relay champion and swam on

two state-winning medley relay teams.

"The championships were wonderful and we were looking forward to winning," said Carlberg. "There's so many traditions that we had as a team that everybody was excited to be a part of."

All of those championships were won in practice, just like they are today. Carlberg said the team swam "every morning and every evening," participated in dry land training, ran and lifted weights. The mental side was part of practice as well, with visualization and evaluating goals.

"If we had a dual meet, we would have an hour practice before the dual meet," said Carl-

berg. "We worked hard because all of us pushed each other every day to be better and keep The Streak alive."

Carlberg graduated from Carmel in 1998 and went on to swim at the University of Michigan. She still lives in Carmel, works for a law firm in Indianapolis and has a daughter who will try out for the Greyhounds' softball team once the season begins in a few weeks.

Carlberg spoke at a Carmel swimming alumni breakfast on Saturday, Feb. 14, right before this year's state meet. That allowed her to reflect on what she learned as a Greyhounds swimmer and how those lessons still apply to her life today.

"Perspective is a funny thing, because swimming has taught us so much," said Carlberg. "Discipline, accountability, overcoming adversity, resilience. Just how to be a part of something bigger than yourself."

And Carlberg remembers the feelings of being a Carmel swimmer. She was on deck during this year's state meet, and said that just being there, she got chills and nerves.

"Some of the biggest meets I was in are not nearly as nerve-wracking as swimming for your school and trying to uphold the legacy," said Carlberg. "When you wear the Greyhound, it never really leaves you. You carry it with you."

## Celebrating the extraordinary legacy of Carmel High School Girls Swimming.

Winning one championship is remarkable.  
Winning 40 straight is more than legendary.

Congratulations to the Carmel High School Lady Greyhounds swimming team on earning a national-record 40th straight state championship.

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Five years before The Streak began, the Carmel girls swim team won the 1981 state championship. The Greyhounds were first in the medley relay, while Lauran Deam won the breaststroke.

# Carmel's first state title came before The Streak

By **RICHIE HALL**  
[sports@readthereporter.com](mailto:sports@readthereporter.com)

Going into this season, Carmel has 40 overall state championships. That's because the Greyhounds won the big trophy five years before The Streak started.

Carmel won its first state title the weekend of Nov. 20 and 21, 1981, back when the state finals took place at Ball State.

The Hounds scored 123 points, holding off Anderson, the runner-up with 116 points. Back then, 12 swimmers made the finals out of the prelims, with the top six swimming in the championship heat and the next six making the consolation finals.

Carmel began the meet in a familiar way: a victory in the medley relay. The team of Lauran Deam,

Kim Kobza, Beth Olsen and Andy Thomas) won with a time of 1 minute, 55.03 seconds, the second consecutive year they claimed the medley relay.

Deam would later win the breaststroke in a time of 1:08.67 and finish third in the butterfly (59.35). Freshman Michelle Mumm placed second in the individual medley (2:12.02), with Thomas

taking 10th (2:18.36). Kobza finished fourth in the breaststroke (1:10.10).

Mumm was also fifth in the 500 freestyle (5:17.00), while Thomas placed sixth in the backstroke (1:03.95). Olsen placed eighth in the butterfly (1:00.52).

And don't forget diving. Junior Susan Wiegel placed third with a score of 393.80 points.

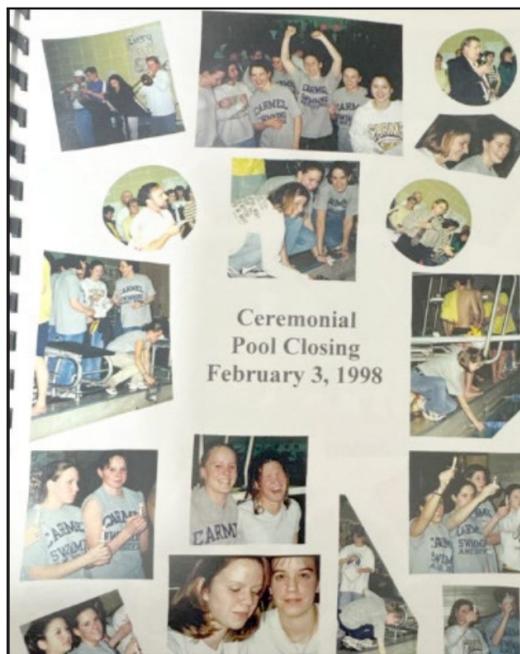


Photo provided

The Carmel swim teams held a ceremony for the closing of their old "mole hole" pool in 1998. The Greyhounds used that pool for 28 seasons, including the start of the streak.

# Mole hole memories

By **RICHIE HALL**  
[sports@readthereporter.com](mailto:sports@readthereporter.com)

Even the longest state championship streak in U.S. history came from humble beginnings.

When Carmel won its first state title back in 1986, the Greyhounds were swimming in a facility that was affectionately known as the "mole hole." The pool opened on Dec. 4, 1969 and, according to an article by swimmer Brittany Turner in Carmel's *Hi-Lite* student newspaper, "was considered one of the best in the state."

By the time the pool closed – the last official meet held there was a boys dual meet on Feb. 3, 1998 – Turner said it was considered "one of the worst pools in Indiana." A copy

of Turner's article is available on the [chs\\_roadto40](https://www.instagram.com/chs_roadto40) account on Instagram and detailed several problems with the "mole hole," including its smallness and water temperature issues. "Sometimes the water temperature in the pool will drop as far down as 68 [degrees]," said Turner.

At the same time, Turner said she wouldn't have traded all those "mole hole" memories for a new pool.

"National record breaking swimmers have used this pool as their breeding ground," said Turner. "Olympic trial qualifiers have swum in the lane as I have. Twenty-eight years of legacy owe their success to the hard work and dedication that has been poured into this pool. And I have been a part of it."

## ATTITUDE

Additionally, Locke has participated as a member of the Executive Board with the CHS Dance Marathon for the children at Riley Hospital in Indianapolis resulting in a donation of over \$250,000 to the cause in 2011.

Locke swam for Northwestern University, was named a Big Ten Distinguished Scholar and competed in the 2012 and 2016 Olympic Trials. Locke was

inducted into the IHSSD Hall of Fame in 2023.

### 2016: Claire Adams

Adams was the first-ever 16-time state champion in IHSAA history. She also held a 4.0 GPA and was a member of Greyhound Connections, a volunteer organization which students help the transition of the school's new students.

Adams swam for the University of Texas, where she became a 24-time Big

12 champion and finished fourth at the NCAA Championships in the 800 free relay as a freshman and in the 400 free relay as a junior. She was also a three-time College Swimming & Diving Coaches Association of America (CSCAA) Scholar All-American.

### 2021: Margaret Love

In addition to swimming for the Hounds, Love put together a 4.40 GPA, taking 29 Advanced Place-

ment, Honors or Project Lead the Way courses. She volunteered with numerous events, coached younger swimmers and helped organize Carmel's annual Champions Together Unified Swimming Relays.

Love went on to swim at Purdue University. She was twice named a Big Ten Distinguished Scholar and graduated as the Boilermakers' record holder in the individual medley.

from Page 6

# Carmel High School Girls Swim Team

# Kroger honors your tradition of excellence





Reporter file photo by Bret Richardson

The Carmel girls swim team won its record 30th consecutive state championship on Saturday, Feb. 13, 2016, at what was then then IUPUI Natatorium. The Greyhounds won in their usual dominating fashion, taking nine of the 11 individual swimming events.

## 2016: when 30 was national news

By RICHIE HALL

[sports@readthereporter.com](mailto:sports@readthereporter.com)

The official Twitter hashtag for the Saturday, Feb. 13, 2016, record-breaking IHSAA state meet performance by the Carmel girls swim team was “30 for 30.”

That, of course, brings to mind ESPN’s popular series about historic sports moments and personalities. If ESPN is stuck on 29, then maybe it should give Carmel High School a call and give a profile to the Greyhounds.

Carmel dominated the state meet again, scoring 438 points, well-ahead of the 193.5 points scored by runner-up Hamilton Southeastern. The Greyhounds won nine of the 11 swimming events at the IUPUI Natatorium, setting a new record in the butterfly race in the process.

“Today we just told them ‘Let it rip,’” said Carmel coach Chris Plumb. “Yesterday, before the meet, we were extremely nervous. Just having the mounting and the building up to this point was a lot. But to go out today like we did, and they swam so well. It’s just a tremendous feat to these ladies to deal with what they dealt with. It’s a great tribute to the program.”

Carmel’s program was anchored by two seniors who leave as the most decorated swimmers in IHSAA history. First there’s Claire Adams, who finished her high school career “16 for 16.”

A swimmer can participate in up to four events at the state meet, so Adams won four events in each of her four trips to the Natatorium.

“That’s not all just me,” said Adams. “Part of it - half of it - was relays.” She estimated that there were 24 other girls that helped her win those relays that made up half of her total of blue ribbon medals.

“It’s them,” said Adams. “I couldn’t do it without them.”

Adams swam on the winning medley relay with fellow seniors Kendall Smith and Veronica Burchill and sophomore Trude Rothrock to begin the meet, then finished the meet with a victory in the 400 freestyle

### Editor’s Note

*The Carmel team reaching the 40th consecutive state championship milestone is an achievement for the ages. Ten years ago, the Greyhounds’ streak reached 30, which pushed them back the old record held by Punahou’s boys swimming team. The Honolulu school won 29 consecutive Hawaii state championships from 1958 to 1986.*

*In this article originally published in the Feb. 14, 2016 Reporter, sports editor Richie Hall recapped the meet. The “30 for 30” milestone wasn’t the only one achieved that day. Claire Adams won four events, making her the only swimmer in IHSAA history to go a perfect 16 for 16 at the state meet, winning the maximum number of events each year throughout her high school career.*

relay, along with Burchill, Rothrock, and junior Sammie Burchill.

Individually, Adams swept the 100 freestyle and the 100 backstroke, securing her fourth consecutive state championship in the latter event. That makes her the first swimmer to go “four for four” (is anybody noticing a pattern here?) in the backstroke, an event in which she’s gained worldwide attention: Adams is the junior world record holder in the 100 meter backstroke, and a national champion in the 100 and 200 meter backstrokes last summer.

At the end of the meet, Adams received the Mental Attitude Award. A good student with a 4.0 grade-point average, Adams is headed to the University of Texas this fall to major in Education and Spanish, and will also compete in the Olympic Trials this summer.

“I wasn’t really expecting that,” Adams said of receiving the Mental Attitude Award. “It’s really nice to be recognized in a way other than swimming, and I think it’s an incredible honor, because there’s been some other incredible ladies that have been recognized with that award.”

Veronica Burchill had an incredible day herself. She reset her less than a day old



Reporter file photos by Bret Richardson

The Carmel girls swim team won its record 30th consecutive state championship on Saturday, Feb. 13, 2016, at what was then the IUPUI Natatorium. The Greyhounds won in their usual dominating fashion, taking nine of the 11 individual swimming events. (ABOVE) Members of the 2016 state championship team show off the trophy after winning. (BELOW) Claire Adams won the Mental Attitude Award at the conclusion of the 2016 state meet. Adams, pictured here with her family, finished her high school career with a record 16 state championships, including four in the backstroke.



mark in winning the 100 butterfly with a time of 51.79. Burchill had established a new record in the Friday, Feb. 12, 2016, state preliminary meet of 52.13, so she lowered her time by over a third of a second in less than 24 hours.

Burchill was a part of all three of Carmel’s winning relay teams, joining Smith and freshmen Grace Pangburn

and Kelly Pash on the 200 freestyle relay, in addition to the aforementioned relays.

“I couldn’t ask for a better four years,” said Veronica Burchill, who will swim at the University of Georgia next year. “I think that all my teammates really just pushed me every day. Especially Claire Adams, Amy Bilquist, my own sister Sammie Burchill and Kendall Smith.

They have been such a big part of my swimming career and I wouldn’t be where I am without them, especially my coaches, too. And it is just such an honor to be a part of this team and this program.”

In addition to her relay championships, Smith placed third in the 50 freestyle and seventh in the 100 free.

“It’s meant so much,” said Smith, who has committed

to the University of Wisconsin. “I’ve made so many amazing friendships and really learned the true meaning of what it’s like to be a part of a family team atmosphere.”

Two Carmel juniors earned individual state titles as well. Emma Nordin, a junior, swept the 200 and 500 freestyles, while junior Sammie Burchill won the individual medley.

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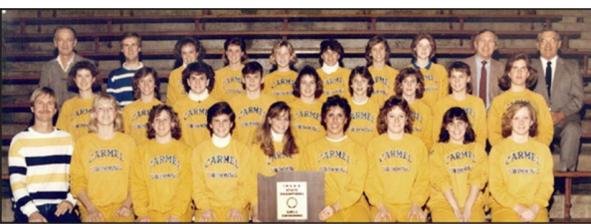
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1986 Team



1987 Team



1988 Team



1989 Team



1990 Team



1991 Team



1992 Team



1993 Team



1994 Team



1995 Team



1997 Team



1998 Team



1999 Team



2000 Team



2001 Team



2002 Team



2003 Team



2004 Team



2005 Team



2006 Team



2007 Team



2008 Team



2009 Team



2010 Team



2011 Team



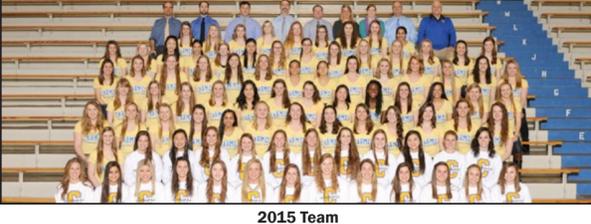
2012 Team



2013 Team



2014 Team



2015 Team



2016 Team



2017 Team



2018 Team



2019 Team



2020 Team



2021 Team



2022 Team



2023 Team



2024 Team



2025 Team



2026 Team

# Carmel: Winning is what we do



Ellie Clarke (left) and Helena Gibson (right) both had high-quality performances at the 2026 state meet.

Reporter photos by Julie Brown

## STREAK

**No. 21 — FEB. 9 & 10, 2007**  
**SUMMARY:** The first year of Chris Plumb coaching the Greyhounds was also their most remarkable state championship. Carmel did not win any individual events, but used its depth to hold off Hamilton Southeastern, which swept all three relays. Carmel placed second in each relay and had 15 total swims reach the "A" Final.

**Top five team scores:** Carmel 335, Hamilton Southeastern 280.5, Columbus North 185, Homestead 173, North Central 127.5.

### Carmel results

**200 medley relay — "A" Final:** 2. Carmel (Jessie Hammes, Emily Dibegino, Alexandra Young, Megan Detro) 1:45.95.

**200 freestyle — "A" Final:** 5. Trish Regan 1:53.64, 8. Samantha Partridge 1:57.36, "B" Final: 13. Logan Mason 1:56.61.

**200 individual medley — "A" Final:** 4. Dibegino 2:06.83, 5. Megan Sparks 2:07.55, 8. Libby Weinkauff 2:10.21.

**500 freestyle — "A" Final:** 8. Detro 24.45, "B" Final: 11. Katie McRoberts 24.56.

**100 butterfly — "A" Final:** 7. Young 57.19, "B" Final: 9. Regan 57.67, 10. Hammes 58.04.

**100 freestyle — "A" Final:** 8. Detro 53.02, "B" Final: 10. McRoberts 53.10.

**500 freestyle — "A" Final:** 2. Young 5:00.59, 5. Partridge 5:07.61, "B" Final: 9. Tori Weinkauff 5:03.82.

**200 freestyle relay — "A" Final:** 2. Carmel (Detro, Regan, McRoberts, Dibegino) 1:35.78.

**100 backstroke — "A" Final:** 2. Sparks 56.92, 4. Hammes 57.41, "B" Final: 11. Megan Jex 59.41.

**100 breaststroke — "A" Final:** 5. Dibegino 1:05.83, "B" Final: 9. Lauren Stauder 1:05.86, Prelims: 24. L. Weinkauff 1:09.27.

**400 freestyle relay — "A" Final:** 2. Carmel (McRoberts, Regan, Sparks, Young) 3:29.68.

**No. 22 — FEB. 8 & 9, 2008**  
**SUMMARY:** Carmel was again challenged by Hamilton Southeastern at state, but the Greyhounds totaled 387 points to keep The Streak going. Carmel picked up three event wins, including the 200 freestyle, Samantha Partridge in the 500 free and the 200 free relay.

**Top five team scores:** Carmel 387, Hamilton Southeastern 317.5, Homestead 212, Center Grove 165, North Central 129.

### Carmel results

**200 medley relay — "A" Final:** 3. Carmel (Jessie Hammes, Lauren Stauder, Devon Mason, Megan Jex) 1:44.94.

**200 freestyle — "A" Final:** 1. Trish Regan 1:49.78, 2. Samantha Partridge 1:53.17, 7. Lauren Jordan 1:55.81.

**200 individual medley — "A" Final:** 4. Emily Dibegino 2:04.81, 5. Amber Molina 2:06.33, "B" Final: 11. Jex 2:08.48.

**500 freestyle — "A" Final:** 2. Detro 23.53, Prelims: 23. Rhiannon Sheets 24.80.

**100 butterfly — "A" Final:** 4. Mason 56.51, 5. Hammes 56.63, "B" Final: 10. Sheets 58.31.

**100 freestyle — "A" Final:** 2. Regan 51.06, 4. Detro 51.75.

**500 freestyle — "A" Final:** 1. Partridge 5:01.45, 5. Amanda Lukovic 5:05.59, 8. Tori Weinkauff 5:14.51.

**200 freestyle relay — "A" Final:** 1. Carmel (Detro, Mason, Regan, Dibegino) 1:35.28.

**100 backstroke — "A" Final:** 2. Hammes 56.64, 4. Molina 57.47, "B" Final: 10. Jex 58.68.

**100 breaststroke — "A" Final:** 4. Dibegino 1:03.63, 6. Stauder 1:04.89.

**400 freestyle relay — "A" Final:** 2. Carmel (Regan, Detro, Dibegino, Jex) 3:27.46.

**No. 23 — FEB. 13 & 14, 2009**  
**SUMMARY:** Carmel set a new standard at this edition of the state meet. The Greyhounds broke their decades-old record of total points scored, ringing up 427 for their 23rd consecutive win. Carmel also won eight individual championships, a record at the time. Speaking of which, the Hounds set new state records in all three relays. Jessie Hammes won three state titles (medley relay, 200 free relay and backstroke) and won the Mental Attitude Award.

**Top five team scores:** Carmel 427, Hamilton Southeastern 227, Homestead 163, Chesterton 161, Noblesville 149.5.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Jessie Hammes, Lauren Stauder, Devon Mason, Megan Detro) 1:41.68, new state and national record.

**200 freestyle — "A" Final:** 1. Logan Mason 1:48.99, 2. Rhiannon Sheets 1:50.46, 7. Carly Marshaling 1:54.22.

**200 individual medley — "A" Final:** 1. Trish Regan 2:01.63, 7. Megan Jex 2:07.63, "B" Final: 10. Lucy Kramer 2:08.48.

**500 freestyle — "A" Final:** 1. Detro 23.47, Prelims: 21. D. Mason 24.61.

**100 butterfly — "A" Final:** 2. Hammes 55.04, 3. Sheets 55.53, 5. D. Mason 56.19.

**100 freestyle — "A" Final:** 1. Lauren Jordan 4:53.95, 5. Margaret Ramsey 5:01.65, "B" Final: 9. Marshall 5:06.43.

**200 freestyle relay — "A" Final:** 1. Carmel (Detro, Hammes, L. Mason, Regan) 1:32.75, new state and national record.

**100 backstroke — "A" Final:** 1. Hammes 55.29, 7. Jex 57.16, 8. Jordan 58.79.

**100 breaststroke — "A" Final:** 2. Stauder 1:02.84, "B" Final: 11. Samantha Shaheen 1:07.02, Prelims: 25. Kramer 1:08.85.

**400 freestyle relay — "A" Final:** 1. Carmel (Marshall, L. Mason, Sheets, Regan) 3:24.22.

**No. 24 — FEB. 12 & 13, 2010**  
**SUMMARY:** Carmel continued its dominance as The Streak entered the new decade. The Greyhounds scored 419 points, over twice that of runner-up Center Grove and won seven events. Trish Regan was a four-time winner, while freshman Lacey Locke won the first of her three backstroke state titles.

**Top five team scores:** Carmel 419, Center Grove 186.5, Munster 166, Chesterton 165, Hamilton Southeastern 163.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Lacey Locke, Lauren Stauder, Trish Regan, Carly Marshall) 1:41.96.

**200 freestyle — "A" Final:** 2. Rhiannon Sheets 1:49.31, 3. Margaret Ramsey 1:50.40, 5. Lauren Jordan 1:51.16.

**200 individual medley — "A" Final:** 1. Regan 2:00.09, 8. Lucy Kramer 2:07.09, "B" Final: 10. Megan Jex 2:08.73.

**500 freestyle — "B" Final:** 9. Marshall 23.89, 11. Locke 24.11, 13. Arianna Bullard 24.17.

**One-meter diving — Finals:** 8. Sara Meisenholder 3:77.70.

**100 butterfly — "A" Final:** 1. Regan 54.30, 4. Sheets 55.66, "B" Final: 13. Ar. Bullard 58.10.

**500 freestyle — "A" Final:** 5. Alexis Bullard 51.72, "B" Final: 9. Marshall 52.10, Prelims: 28. Rebecca Detro 54.15.

**100 freestyle — "A" Final:** 1. Colleen Drow 4:52.24, 2. Jordan 4:52.69, 5. Ramsey 4:57.30.

**200 freestyle relay — "A" Final:** 1. Carmel (Marshall, Kramer, Sheets, Locke) 1:34.58.

**100 backstroke — "A" Final:** 1. Locke 54.60, "B" Final: 9. Al. Bullard 56.26, 14. Jex 58.31.

**100 breaststroke — "A" Final:** 2. Stauder 1:03.51, 4. Samantha Shaheen 1:03.32, "B" Final: 10. Kramer 1:05.83.

**400 freestyle relay — "A" Final:** 1. Carmel (Al. Bullard, Sheets, Ramsey, Regan) 3:25.14.

### No. 25 — FEB. 11 & 12, 2011

**SUMMARY:** The Carmel streak reached a quarter of a century at this meet, and with eight event victories, showed no signs of slowing down. The Greyhounds began the meet with two new state records, on the medley relay and Rhiannon Sheets in the 200 freestyle. Carly Marshall won three events and the Mental Attitude Award.

**Top five team scores:** Carmel 382, Homestead 230, Center Grove 200, Chesterton 148.5, Columbus North 126.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Lacey Locke, Samantha Shaheen, Ariana Bullard, Carly Marshall) 1:41.42, new state record.

**200 freestyle — "A" Final:** 1. Rhiannon Sheets 1:47.09, new state record, 2. Lauren Jordan 1:48.63, 4. Margaret Ramsey 1:49.86.

**200 individual medley — "A" Final:** 1. Locke 2:00.71, 8. Lucy Kramer 2:06.95, Prelims: 24. Shelby Spitz 2:10.92.

**500 freestyle — "A" Final:** 1. Marshall 23.35, 7. Ar. Bullard 24.06.

**100 butterfly — "A" Final:** 3. Sheets 55.46, "B" Final: 14. Devon Mason 58.61.

**100 freestyle — "A" Final:** 3. Alexis Bullard 51.52, 4. Marshall 51.53, "B" Final: 15. Rebecca Detro 53.36.

**500 freestyle — "A" Final:** 1. Jordan 4:47.69, 5. Ramsey 4:58.66, "B" Final: 15. Elizabeth Flaherty 5:06.13.

**200 freestyle relay — "A" Final:** 1. Carmel (Marshall, Kramer, Sheets, Locke) 1:34.14.

**100 backstroke — "A" Final:** 1. Locke 54.236, 2. Al. Bullard 55.36, Prelims: 20. Taylor Kelsch 1:00.03.

**100 breaststroke — "A" Final:** 4. Shaheen 1:03.13, "B" Final: 10. Kramer 1:05.76, Prelims: 20. Alicia Deogracias 1:07.92.

**400 freestyle relay — "A" Final:** 1. Carmel (Sheets, Jordan, Al. Bullard, Ramsey) 3:25.00.

**No. 26 — FEB. 10 & 11, 2012**  
**SUMMARY:** Carmel put together another solid meet, with four event wins and 13 medals, plus plenty of "B" Final swims to score extra points. Alexis Bullard won three events, triumphing in the backstroke in addition to swimming in both of the Greyhounds' winning relays. Margaret Ramsey was first in the 500 free.

**Top five team scores:** Carmel 329, Zionsville 168, Penn 137, Center Grove 136, Chesterton 133.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Lacey Locke, Lucy Kramer, Hanna House, Ariana Bullard) 1:43.32.

**200 freestyle — "A" Final:** 4. Margaret Ramsey 1:51.43, "B" Final: 12. Jamie Skowronek 1:53.00, Prelims: 19. Katie Lemen 1:54.77.

**200 individual medley — "A" Final:** 3. Alex Clarke 2:02.88, 4. Locke 2:05.31, 8. Kramer 2:07.26.

**500 freestyle — "A" Final:** 6. Ar. Bullard 23.89, "B" Final: 16. Rebecca Detro 24.64.

**100 butterfly — "A" Final:** 2. House 50.08, 5. Ar. Bullard 55.84, "B" Final: 9. Peyton Mosbaugh 57.51.

**100 freestyle — "B" Final:** 9. Alexis Bullard 51.61, 15. Detro 53.17, Prelims: 19. Lemen 53.12.

**500 freestyle — "A" Final:** 1. Ramsey 4:51.43, "B" Final: 9. Claudia Sherman 4:59.19, 16. Shelby Spitz 5:05.54.

**200 freestyle — "A" Final:** 2. Carmel (Ar. Bullard, Al. Bullard, Detro, Kramer) 3:24.22.

**100 backstroke — "A" Final:** 1. Al. Bullard 54.43, 3. House 54.92.

**100 breaststroke — "A" Final:** 6. Kramer 1:03.90, "B" Final: 9. Clarke 1:05.57.

**400 freestyle relay — "A" Final:** 1. Carmel (Ramsey, House, Al. Bullard, Locke) 3:25.87.

### No. 27 — FEB. 8 & 9, 2013

**SUMMARY:** An incredible freshman class made an immediate impact for Carmel as The Streak reached 27. Claire Adams and Veronica Burchill began their Greyhound swimming careers with four state championships each. The seniors did pretty well, too: Ariana Bullard won three events, including the butterfly, while Lacey Locke swam on two relays and won the Mental Attitude Award.

**Top five team scores:** Carmel 445, Fishers 179, Chesterton 164, Zionsville 163, Crown Point 163.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Sammie Burchill, Alex Clarke, Veronica Burchill, Amy Bilquist) 1:39.25, new state record.

**200 freestyle — "A" Final:** 1. Claire Adams 1:49.25, 7. Jamie Skowronek 1:52.30.

**200 individual medley — "A" Final:** 1. Regan 2:01.31, 4. Clarke 2:01.70.

**500 freestyle — "A" Final:** T5. Ariana Bullard 23.67, 8. Katie Lemen 24.17, "B" Final: T14. Kendall Smith 24.31.

**One-meter diving — Finals:** 11. Laura Rokop 3:71.75.

**100 butterfly — "A" Final:** 1. Bullard 53.90, 2. Hanna House 54.62, "B" Final: 11. Peyton Mosbaugh 57.00.

**100 freestyle — "A" Final:** 1. Burchill 50.29, "B" Final: 11. Lemen 52.72, 14. Smith 53.27.

**500 freestyle — "A" Final:** 4. Skowronek 4:55.98, "B" Final: 9. Claudia Sherman 4:59.10, 11. Shelby Spitz 5:01.69.

**200 freestyle relay — "A" Final:** 1. Carmel (Burchill, Adams, House, Bullard) 1:32.97.

**100 backstroke — "A" Final:** 1. Adams 53.40, new state record, 2. House 54.11, 3. Locke 54.68.

**100 breaststroke — "A" Final:** 5. Clarke 1:03.65, "B" Final: 10. Haley Harris 1:06.34.

**400 freestyle relay — "A" Final:** 1. Carmel (Burchill, House, Adams, Locke) 3:23.37, new state record.

### No. 28 — FEB. 14 & 15, 2014

**SUMMARY:** The record books needed constant changing during this meet, as 15 new records were set in both the prelims and finals.

**Junior Amy Bilquist, who transferred to Carmel from Arizona, set a new 500 free record of 22:15 seconds in the prelims, then won the event in 22:17 seconds. The Greyhounds swept all three relays in state-record times, while Adams set new marks in the 200 free and backstroke. Adams was up to eighth in the 200 freestyle state championships.**

*"I was a little nervous my first time in Indiana at a big meet, and my team just rallied me," said Bilquist. "I couldn't have done it without them. They're truly amazing."*

**Top five team scores:** Carmel 399, Crown Point 209, Fishers 203, Penn 166, Zionsville 137.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Hanna House, Alex Clarke, Veronica Burchill, Amy Bilquist) 1:40.83, new state record.

**200 freestyle — "A" Final:** 1. Claire Adams 1:46.95, new state record, 8. Kendall Smith 1:52.57, "B" Final: 9. Morgan Grout 1:51.04.

**200 individual medley — "A" Final:** 4. Clarke 2:01.45, 7. Sammie Burchill 2:02.99, "B" Final: 12. Shelby Spitz 2:06.20.

**500 freestyle — "A" Final:** 1. Bilquist 22.17, 3. V. Burchill 22.91, "B" Final: 13. Katie Lemen 24.10.

**NOTE:** Bilquist set a new state record of 22:15 in the prelims.

**One-meter diving — Finals:** 13. Laura Rokop 3:92.00.

**100 butterfly — "A" Final:** 7. Hanna House 55.02, "B" Final: 10. Peyton Mosbaugh 55.98, 11. Caroline Schultz 56.12.

**100 freestyle — "A" Final:** 1. Bilquist 48.93, new state record, 6. Smith 51.12, "B" Final: 12. Katie Lemen 51.94.

**500 freestyle — "A" Final:** 8. Claudia Sherman 5:01.27, "B" Final: 11. Grout 4:59.10, 12. Katy Schlies 4:59.41.

**200 freestyle relay — "A" Final:** 1. Carmel (Bilquist, Adams, House, V. Burchill) 1:31.37, new state record.

**100 backstroke — "A" Final:** 1. Adams 52.97, new state record, 3. House 54.77, 4. S. Burchill 55.60.

**100 breaststroke — "A" Final:** 5. Clarke 1:03.38, 8. Haley Harris 1:04.30, "B" Final: 15. Meghan Mahoney 1:06.04.

**400 freestyle relay — "A" Final:** 1. Carmel (V. Burchill, Lemen, Smith, Adams) 3:21.20, new state record.

**No. 29 — FEB. 13 & 14, 2015**  
**SUMMARY:** The name "Punahou" became a part of this meet, as the Greyhounds won their 29th consecutive state title. Punahou High School's boys swim team won 29 straight Hawaii state championships between 1958 to 1996, a record that was never matched until 2015.

**Top five team scores:** Carmel 445, Fishers 179, Chesterton 164, Zionsville 163, Crown Point 163.

*This meet was another one that completely wrecked the record books. Carmel scored the most points ever (445) and won by the largest margin ever (266); both those new marks would stand for years. Once again, 15 new records were set during the prelims and finals.*

*"It's never something we shoot for and think about, but it's pretty cool that happened," said Greyhounds coach Chris Plumb.*

*Claire Adams won four more championships to make her a perfect 12-for-12 in her career. Amy Bilquist also won four events, as did Veronica Burchill.*

*The Hounds won nine of the 11 swimming events. The only swimmer to break the Carmel wall? Evansville Reitz's Lilly King, the individual medley and breaststroke champion. King would win gold medals at the 2016 Olympics a year and a half later.*

**Top five team scores:** Carmel 445, Fishers 179, Chesterton 164, Zionsville 163, Crown Point 163.

### Carmel results

**200 medley relay — "A" Final:** 1. Carmel (Sammie Burchill, Alex Clarke, Veronica Burchill, Amy Bilquist) 1:39.25, new state record.

**200 freestyle — "A" Final:** 1. Claire Adams 1:45.78, 2. Emma Nordin 1:47.63, "B" Final: 9. Morgan Grout 1:50.22.

**200 individual medley — "A" Final:** 2. S. Burchill 1:59.66, 7. Clarke 2:02.76, "B" Final: 9. Trude Rothrock 2:02.48.

**500 freestyle — "A" Final:** 1. Bilquist 22.15, ties state record, 2. Kendall Smith 23.16, "B" Final: 13. Mary Woods 24.33.

**100 butterfly — "A" Final:** 1. V. Burchill 52.26, new state record, 8. Peyton Mosbaugh 55.69, "B" Final: 12. Caroline Schultz 56.58.

**100 freestyle — "A" Final:** 1. Bilquist 48.36, new state record, 2. Smith 50.63, 3. Rothrock 50.70.

**500 freestyle — "A" Final:** 1. Nordin 4:45.87, 6. Grout 4:58.39, "B" Final: 15. Claudia Sherman 5:05.69.

**NOTE:** Nordin set a new state record of 4:45.15 in the prelims.

**400 freestyle relay — "A" Final:** 1. Carmel (V. Burchill, Adams, Smith, Rothrock) 1:30.72, new state record.

**100 backstroke — "A" Final:** 1.