The famous Lions fish fry starts at 5 p.m. and ends at 8 p.m. both nights.

Proceeds Support Lions Club Charitable Projects

Christ United Methodist Church 318 N Union Street Westfield, IN 46074

Hamilton County's AMILTON COUNTRY Hometown Newspaper www.ReadTheReporter.com Facebook.com/HamiltonCountyReporter

THURSDAY, SEPT. 8, 2022

ARCADIA | ATLANTA | CICERO | SHERIDAN CARMEL | FISHERS | NOBLESVILLE | WESTFIELD





TODAY'S WEATHER Today: Sunny.

Tonight: Clear.

HIGH: 80 **LOW**: 57



Westfield Schools opens new Early Learning Center



Reporter photo by Nik Roberts

On Tuesday, the Westfield Washington Schools celebrated the opening of the Virginia F. Wood Early Learning Center, located on the property of Monon Trail Elementary at 19500 Tomlinson Road, Westfield. The new building brings all children from 12 weeks old to preschool under one roof. The building also houses the new space for the school's administration. Open enrollment for the 2022-23 year is closed, but you can place your child on the waitlist by calling (317) 867-8017. For more information about the Virginia F. Wood Early Learning Center, click here. See more photos on Page 3 and at ReadTheReporter.com.

Duke Energy Foundation teams up with Angels' Attic, Heights Youth Assistance to combat food insecurity

Submitted

The Duke Energy Foundation recently donated \$1,500 to Angels' Attic to combat food insecurity in northern Hamilton County.

Angels' Attic, located in Arcadia, serves over 300 residents each month. The food pantry provides families with select toiletries and clothing in addition to dry goods, produce and

Angels' Attic works closely with Hamilton Heights Youth Assistance to understand the

Kim Beaver (left), volunteer executive director of Angels' Attic, and Mary Ann Haymaker See Angels . . . Page 2 (right), director of Hamilton Heights Youth Assistance, help bring in food donations.

Lawyerspeak & contranyms

Lease is a confusing contranym. It's a word that can have opposite meanings.

When one person leases an apartment, he is the landlord while another person who leases an apartment is the tenant. While the tenant may pay rent to lease the



apartment from the landlord many Hoosiers say the landlord rented the apartment to the tenant or the tenant rented the apartment from the landlord. In legal speak, a lease is the agreement between landlord and tenant and rent is the amount tenant pays for the privilege.

A court may sanction a plaintiff's request to bulldoze a house or may sanction the plaintiff for bulldozing the house.

A bill can be a \$10 written note used for payment or an invoice for payment.

An attorney can consult with the client by offering advice or a client can consult with an attorney by requesting advice.

The court can continue your case by delaying it or continue the order by extending it.

The lawyer can enjoin the court to grant his request to enjoin the defendant from taking the action they want to do.

Lawyers can offer a variety of injunction types in an attempt to maintain a variety of injunction.

The prisoner bound for jail (moving) is often bound (restrained) with handcuffs.

When a husband leaves (goes) and goes away, he often leaves most of his clothes to (stay) where they are.

The court maintains supervising oversight (reviews everything) of personal representatives to prevent their oversight (failure to review) of needed actions.

Probationers often step behind a screen to him and their urine screening procedure

which is used to reveal drug use. Sometimes lawyers will throw out an idea for consideration only to have it thrown out by the court without any consideration at all.

The snack bar in the courthouse basement may garnish the salad by adding to it while the court upstairs takes away by garnishing wages.

Equity courts use many common customs to create a custom result.

See Lawyerspeak . . . Page 2

These little piggies played dodgeball



Photo provided by Hamilton County Fire Fighters Local 4416 The inaugural Hamilton County Public Safety Dodgeball Tournament took place on Friday, Sept. 2 at Grand Park Sports Campus in Westfield. Congratulations to the Fishers Piggies, who defeated the Carmel Fire Department and were crowned tournament champions. The event raised over \$1,500 for the Hamilton County Fire Fighters Foundation.

The event was made possible by the following sponsors: Majestic Care, D'Glam Picnics & Events, and the Grand Park Sports Campus. Thanks to Carmel Professional Firefighters Local 4444 member Tim Griffin for being the event emcee, all the volunteers, and Westfield Fire Fighters Local 4416 DVP Mark Sutphin for planning the tournament. Great job, everyone! Click here to see more photos.

6 p.m. on Tuesday, Oct. 4 at Hamilton Heights Middle School, 25150 State Road 19, Arcadia.

Heights Middle School has this fundraiser in the bag

The REPORTER

It's that time of the year to stock up on your favorite trash bags while supporting Hamilton Heights Middle School athletics.

Hamilton Heights Middle School's annual Fall Trash Bag fundraiser is underway now through Friday, Sept. 19. These popular, heavy-duty trash bags come in five sizes: 13 gallon (red, 45 per roll), 18 gallon (white, 60 per roll), 30 gallon (black, 40 per roll), 39 gallon (yellow, 20 per roll), and 55 gallon (green, 15 per roll).

The cost per roll for all trash bags is \$14. Please make checks payable to Hamilton Heights Middle School. Proceeds benefit the school's athletics department.

Pickup is set for 2:30 to



Heights Middle School students Cyrus Mason and Addie Doak are ready for one of the athletic department's most popular fundraisers, underway now through Friday, Sept. 19.

Noblesville & Zionsville Lions test Hinkle Creek kids' vision



Photo provided by Noblesville Lions Club

On Aug. 22, the Noblesville and Zionsville Lions Clubs performed eye testing at Hinkle Creek Elementary School. Next week, the Lions will test at Noblesville East and West middle schools. School eye testing is one of the major goals of Lions Clubs. (Above) Eye testing by Lions Walt Scheid, Steve Shaw, Brett Burrows, Ron Williamson, Sid Thomas, Julia Kozicki, Gary Smith, and Jeff Kozicki. Standing are Dan Dumbauld and Martha Pappas.

Employment Opportun

The Town of Sheridan, Indiana is seeking qualified applicants for the position of Street Superintendent.

This position is a department head level position comprised of several upper-level management and leadership duties. Candidates should have knowledge, skill, and experience in leading, planning, controlling, and managing operations of municipal streets and public works.

The full job description is available at www.sheridan.org The Town of Sheridan offers benefits of health, vision, and dental insurances along with pension and deferred compensation retirement programs.

The salary range for this position is \$56,000 to \$58,000.

Interested applicants can submit a cover letter and resume to Todd Burtron at tburtron@taftlaw.com or via United State Postal Service to Town of Sheridan, 506 South Main Street, Sheridan, Indiana 46069 Attn: Street Department job posting.

Please submit resumes no later than close of business on Friday, September 23, 2022.

This isn't just any local newspaper . . . It's Hamilton County's Hometown Newspaper!

——High Quality Coverage for High Quality Readers— FOR THE BEST IN LOCAL NEWS, SPORTS, OPINION & EVENTS, GO TO READTHEREPORTER.COM ANGELS-

from Page 1



Dagny Zupin, Community Relations Liaison with Duke Energy, helps deliver food donated to Angels' Attic in Arcadia.

needs of local families and what items kids are missing

The \$1,500 donation from Duke Energy providfood for Angels' Attic and includes staples and protein-rich dry goods like pea- Main St., Arcadia.

nut butter and jelly, chunky soups, beans, canned vegetables, pasta and more.

Residents in need can visit Angels' Attic to 'shop' ed around 700 pounds of from 6 to 7 p.m. on Tuesdays and Thursdays. Angels Attic is located at 105 E.

Lawyerspeak-

from Page 1

an annual report every year growing in the garden.

During back up arguoccasion where the court asked my client to back him up because of his smell.

One prosecuting lawyer gave the reporting police officer a citation for the number of citations he had given to speeders.

More serious offenders are terminated when they are executed but the jailer begins when he starts to execute the process. The original brief, being

unchanged, had no original ideas.

The common people of Indiana, the Public, do not always understand the language of the government,

The guardian must make found in public institutions.

Even a qualified lawyer about the annual flowers sometimes has qualified success. You can use this article

ment to the court I had one to clear your thinking, or you can clear it entirely.

A contranym's meaning is usually obvious from the context. But if communication is not clear, the meaning can be lost. Even a space or comma can be significant in communication. The contract called for the sale to be "with outbuildings" which were worth \$1 million but it had been intended to read "without buildings." A \$1 million space! And a pretty penny.

Educational material and not legal advice, written by the team at Adler attorneys. Email andrea@noblesvilleattorney.com with questions or comments.



I was born and raised right here in Noblesville. I grew up in a home without domestic violence or assault - it wasn't something I saw, or even heard about. But when I was introduced to Prevail of Central Indiana, I was shocked by the number of individuals who are affected by domestic violence. In 2018 alone, Prevail helped more than 4,000 clients in Hamilton County (nearly 80 percent of clients are women and children). Domestic violence and abuse are hard topics to discuss, so you don't often hear about them. But at Tom Wood Volkswagen in Noblesville, we're breaking the taboo and raising awareness for Prevail, an organization that helps families in Hamilton County.

- Mike Bragg, GM of Tom Wood Volkswagen in Noblesville

To help Hamilton **County families** affected by domestic violence and sexual abuse, you can donate the following items:

- Individually packaged snacks
- Lysol
- Hand sanitizer Disinfecting wipes
- Drop off items at

Tom Wood Volkswagen in Noblesville, 14701 Tom Wood Way.







There's never been a better time to join the Tom Wood team!

APPLY NOW! TomWood.com/Careers.htm



14701 Tom Wood Way Noblesville, IN 46060 317.853.4552

TomWoodVolkswagenNoblesville.com



Pick-Up & Delivery AVAILABLE!

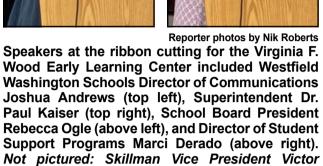
News

Doors are open at new Early Learning Center







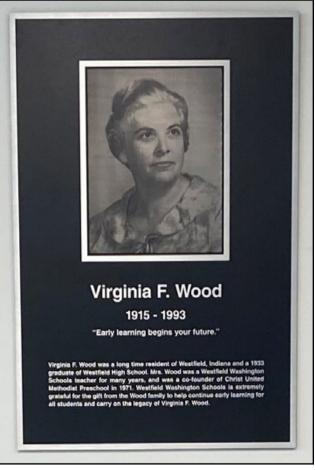


Landfair and CSO Architects Principal Jeff Olson















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*APY is Annual Percentage Yield. APY is effective as of 8.26.22 and is subject to change without notice. Minimum balance to open account and obtain APY is \$1,000.00. Early withdrawal may be subject to penalty. Fees may reduce earnings on the account. **Minimum \$25,000 to open account.



4 News



Enjoy free concert performances on the terraced amphitheater seating surrounding the stately Centerpiece in Coxhall Gardens.



Sun., Sept. 4 • 5-7pm

Upcoming Concerts:



Sun., Sept. 11



Sun., Sept. 18



11677 Towne Rd., Carmel, IN myhamiltoncountyparks.com • 317-770-4400





Cuisine Connect Culture returns to Westfield's **Grand Junction Plaza**

The REPORTER

Westfield Welcome has announced that • Spanish Dance | 1 to 2 p.m. event, presented by Wilhelm Construction, will be held from 11 a.m. to 3 p.m. on Saturday, Sept. 10 at Grand Junction Plaza.

Cuisine Connect Culture is a multi-cul- koi" | 2:15 to 2:30 p.m. tural festival that includes performances by Latin Expressions Dance Company, Ballet • Irish Dance | 2:30 to 3 p.m. Mosaicos, Indy Ceili Band, and more. Vendors and restaurateurs including Bearded Burger, Jersey Girl's Italian Ice, Artisan Luuma, Giovana's Peruvian Art, and many more will also be onsite.

In addition to food, retail vendors and live performances, the event also features craft stations, games, artifact displays, balloon artists, mimes, and henna artists.

"Westfield is dedicated to making everyone feel welcomed," said Westfield Welcome Director Kayla Arnold. "Cuisine Connect Culture is our way of showcasing and supporting diversity and inclusion that is so important to us."

There will be performances in two areas throughout the event:

Main Stage Performances

- Chinese Dragon Dance | 11:15 to 11:20
- Chinese Folk Dance | 11:20 to 11:30 a.m. • African Dance | 11:30 a.m. to 12:30 p.m.

- Latin Dance | 12:30 to 1 p.m.
- the second annual Cuisine Connect Culture Indian Classical Dance "Kathak" | 2 to 2:10 p.m.
 - Indian Folk Dance | 2:10 to 2:15 p.m.
 - · Japanese Dances "Yocchore" and "Yosa-
 - Irish Music | 2:30 to 3 p.m.

Plaza Performances • Polka Music | 11 a.m. to 1 p.m.

- Irish Music | 1:30 to 2 p.m.
- Jamaican Music | 2:15 to 2:30 p.m.

The event is free to attend. More information can be found at westfieldwelcome. com/cuisine-connect-culture.

Public parking for the event is available in the gravel lot directly east of Grand Junction Plaza, in the parking lot at the southwest corner of Poplar and Park streets, and in designated on-street spots. A courtesy golf cart shuttle will be available for attendees at the Poplar and Park Street lot. Click here to see a parking map.

Westfield Welcome focuses on community engagement and hospitality for residents, businesses and visitors. As a department of the City of Westfield, Westfield Welcome hosts more than 25 annual events and provides hundreds of volunteer opportunities



Meet the coaches behind Stay flexible! It's critical for safe, healthy workout routine the Mudsock matchup

Get to know Southeastern & Fishers head football coaches leading up to Friday's game

By LAURA MASONI

City of Fishers

Mudsock Week is perhaps one of the most unique and connection-building times of the year for Hamilton Southeastern High School (HSE) and Fishers High School (FHS) fall sports. Over the course of this week, soccer, volleyball, tennis, and football teams all compete for the coveted Mudsock trophy. However, one of the highlights comes on Friday night as rival football teams face off in a head-to-head battle met with some of the greatest student support in the state.

As we get ready for the Southeastern Royals and Fishers Tigers teams to kick off at 7 p.m. on Friday, Sept. 9 at HSE High School, meet the head coaches behind the Mudsock football teams: Coach Curt Funk of FHS and Coach Michael Kelly of HSE. Between the two, they have a combined 36 years of coaching and teaching experience, and a passion for the game, as well as for their players.

Fishers High School's **Coach Funk**

Coach Funk began his coaching career in 2003 at Bluffton High School, where he was the assistant football coach and Industrial Technology teacher for two years. Over the course of his career, he has also worked at Muncie Southside, Mooresville High School, and Mississinewa High School, where he spent 10 years before landing at Fishers High School in the spring of 2020.





Coach Funk Coach Kelly

"We have moved eight times during that span, but I have been blessed at every stop and have made lifelong friends," Funk said.

Beyond his career, Coach Funk says he most values, "building lifelong relationships with the players and watching them make a difference after their playing days." These connections often prove vital in the experience student-athletes take away from high school and contribute to the group atmosphere.

Quick Q&A with Coach Funk

- · Favorite local restaurant: Chatham Tap
- Favorite local business: Custom Embroidery
- Favorite Fishers park: Holland

HSE High School's Coach Kelly

Coach Kelly of HSE High School began his coaching career at Central Hardin High School in Elizabethtown, Ky., in 2006. He moved to Fishers in and music.

2008, where he taught at Fishers High School for nine years before beginning his transition to becoming a head coach at Seymour High School. Coach Kelly was there for three years prior to taking over as the HSE Head Football Coach in 2020.

For Coach Kelly, the experience and growth the players take away from the game is one of the most important aspects of it. "The growth we strive to see is in their character and in their personal, educational, and athletic life," he said.

While the Mudsock game may prove intimidating, especially for new players, Coach Kelly says that concentration is key.

"We often allow the excitement of the game to cause our focus to drop," Kelly said. "We must focus on us being the best we can be."

Quick Q&A with Coach Kelly

- Favorite local restaurant: Ale Emporium
- Favorite local business: Forum Credit Union
- Favorite Fishers park: Flat Fork Creek Park

Laura Masoni is the Public Relations Intern for the City of Fishers. She moved to Fishers from Greenwood in 2010. Her favorite activities include traveling, rowing at Eagle Creek, and going to concerts in Downtown Indy. In her free time, she loves to hang out with her friends and listen to podcasts

tree is most easily cracked, while bamboo or willow survives by bending with the wind." – Bruce Lee

Although Bruce Lee succumbed at the early age of 32 (widely spec-

ulated that it was due to a reaction to prescription medication) he was internationally acclaimed as the premier martial arts professional of his time, and still today. Lee was adamant about the necessity of muscular strength, muscular endurance, cardiovascular endurance, and flexibility with "flexibility" being my topic today.

For many people, the past couple of years has caused us to be less physically active and thus more prone to injury when we are able to get back out there and resume our usual activity, making increased flexibility even more important.

As a long-time fitness instructor certified in Yoga, Balance, and Full-Body Flexibility by the American Fitness Professionals Association, I firmly believe in this fundamental discipline for a healthy body. Stretching is critical to any sort of fitness regimen, and essential to our body's wellbeing. Many people are eager to get going on a fitness routine and would rather skip the important step of stretching, thinking it to be unnecessary.

Additionally, there is often confusion on which kind of stretching is best – static, dynamic, passive, active all important elements of a good stretching routine. Stretching is not for "sissies" – a good, basic routine will provide an important component to a well-rounded workout program which also incorporates aerobic and strengthening activities. I like to think of stretching as something I have in common with Olympic athletes stretching routines!



those poses in a more generic way. I teach a "FlexAbility" class which incorporates my knowledge and experience in Yoga in a more physical way for those who wish to approach stretching in that manner.

From athletes to grand-

parents, all need to stay as flexible as possible to avoid injury and maintain mobility. Stretching reduces the tension in your muscles, increases your strength, lubricates your joints, refreshes your body, relaxes your mind, improves posture, and helps your digestive system. For those who spend much of their time at a desk or in front of a computer, stretching is essential to their wellbeing and in carrying out daily activities.

Extreme stretching and incorporating bouncing as you stretch is unnecessary and can lead to injury. A commonsense approach will yield the results you are looking for, keeping you limber, energetic, and strong.

Check out local classes at a fitness facility, library, or community center soon, as hopefully our post-pandemic world can get back to business soon! Books and DVDs are available (again, check with your local library) to get you started and can give you valuable information on anatomy which also may be helpful to you.

As with any change in your physical routine it is always good to begin with a check-up and "all clear" from your physician. Stay flexible! Sharon McMahon, CNWC

The opinions expressed in this article are not intended to replace advice of your personal physician or libecause they ALL have censed health professional. Please consult your physi-The practice of Yoga cian for any issues you may

Fishers Democrats to hold town hall with Police Chief Ed Gebhart

The REPORTER

All Fishers residents are invited to a town-hall style event with Fishers Police Chief Ed Gebhart on Friday, Sept. 9 at the Delaware Township Community Center, 9094 E. 131st St., Fishers.

The program will start promptly at 6 p.m. and conclude with time for socializ- be hosted by Fishers City ing until 8 p.m.

Fishers has been named

one of the top 10 safest cities in Indiana, and the city's police department under Chief Gebhart's leadership is committed to community transparency and communication. Your concerns and questions about public safety are a top priority.

This town hall will Councilors Dr. Crystal Neupresented by the Hamilton mann and Jocelyn Vare and County Democratic Party.



Gebhart



Neumann



Click here for more in-

Find more news at ReadTheReporter.com asanas, or poses, is very have related to nutrition or good for integrating the body fitness activity.

Representative Victoria Spartz **Constituent Services**



Help with Federal Agencies

I can help you when dealing with federal agencies, including:

- Social Security issues
- Medicare claims
- Veterans benefits
- Passport assistance
- IRS questions

United States Flag Requests

Obtain commemorative flags flown over the United States Capitol from my office.

Military Academy Nominations

High school students in our district may contact my office to request a nomination to attend one of our nation's service academies.

Anderson Office (765) 639-0671

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www.spartz.house.gov



Draw a Crowd for Hamilton County's 200th Anniversary

BECOME A BICENTENNIAL TRAVELING EXHIBIT HOST!

Sign up to connect your local business or organization to the official Bicentennial celebration.

- FREE for hosts to participate!
- Traveling exhibit runs March October 2023
 - · Schedule your 1-week exhibit time slot

Businesses, nonprofits, schools, libraries, retirement communities, and any organization with an indoor space capable of housing the exhibit for one week are eligible to host. (Deadline October 1, 2022.)



Potential hosts are encouraged to sign up online for an exhibition date: visit https://bit.ly/3dAvf4i or scan the QR code. Exhibition dates are awarded on a first-come-first-served basis.

Traveling Exhibit Sponsor



Bicentennial Partners







News

Remembering the fallen heroes of 9/11

The REPORTER

The Carmel Fire De- saving others. partment invites the public lic safety heroes who lost al, 768 3rd Ave. SW.

their lives 21 years ago

The ceremony will beto a 9/11 Remembrance gin promptly at 8:46 a.m. on Ceremony. Come pay trib- Sunday, Sept. 11 at the Carute and honor the fall pub- mel Clay Veterans Memori-

Public invited to consider charter application from Valor Classical Academy

The REPORTER

public hearing from 6 to 8 p.m. on Wednesday, Sept. 21 at The Haverstick co-working space, located at 9111 Haverstick Road, Indianapolis, to consider a charter school application for Valor Classical Academy.

If you are unable to attend the Public Hearing, but would like to submit comments prior to the meeting, you may do so via the comments. **Online Public Comment**

Form. Online public com-Grace Schools Charter ments must be submitted no Authority, LLC will hold a later than close of business on Monday, Sept. 19. Written comments will be distributed to all members of the Grace Schools Charter Authority, LLC board in advance of the board meeting.

> Members of the public are also able to present their comments during the public hearing. Each person will be allowed a maximum of two minutes to make public

> > Click here to learn more.

Meeting Notices

The Carmel Clay Schools Board of Trustees will meet at 7 p.m. on Monday, Sept. 12, 2022, at the Carmel Clay Schools Educational Services Center, 5201 E. Main St., Carmel.

The Noblesville Wastewater Committee meeting scheduled for 1 p.m. on Monday, Sept. 12, 2022, has been canceled.

The Hamilton County Commissioners will meet in an executive session at 1 p.m. on Monday, Sept. 12, 2022, in the Commissioners' Courtroom at the Hamilton County Government and Judicial Center, 1 Hamilton County Square, Noblesville.

A regular meeting will follow at 1:45 p.m.

Send Meeting Notices to: Notices@ReadTheReporter.com



JOIN THE CONVERSATION

October 4th, 2022 / 6pm

WITH GUEST SPEAKER

We're discussing how to help those affected by domestic violence.

All Republican Women encouraged to attend!

The Fraternal Order of Police

Hamilton County

Francis Castor Lodge #103 7201 E. 196th Street Noblesville. IN 46062

FREE to members: \$5 to non-members

Advocating for Victims of Crime and Abuse

If you are interested in becoming a member, please contact: Sheryl Clifford at hamcogopwomen@gmail.com

State Senator Jim Buck

Running For Re-Election In Senate District 21 "Helping Make Indiana A State That Works"



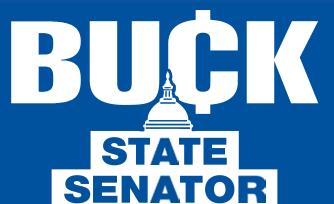
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Mental Health And Special Needs Services

Serves On Committees For:

Local Government, Chairman **Judiciary Committee Environment Affairs Committee**



MBA Degree • Tool & Die Mold Maker

- Real Estate Broker's License
 - We Care Vice President
 - Rotary Masonic Lodge 93
- Married to Judy 5 Daughters 8 Grandchildren

PAID FOR BY CITIZENS FOR BUCK

8 **Opinion**

SIGN UP NOW! RACE TO REMEMBER

5K WALK/RUN



Saturday September 17th

8 AM (registration begins at 7:15 am) 13256 Saxony Blvd, Fishers, IN 46037

This is the first year for Race to Remember. We will celebrate both survivors and victims of Alzheimer's disease and their families. Bring your photos for display to celebrate their lives.

All donations are fully tax-deductible and go to support the Cure Alzheimer's Fund. Cure Alzheimer's Fund is a non-profit dedicated to funding research with the highest probability of preventing, slowing, or reversing Alzheimer's disease.

Sign up: HTTPS://TINYURL.COM/ALZRUN

SIGN UP HERE:



Osteria: Carmel's latest hip, refined Italian eatery

COLUMNIST

DENISE MOE

Recently, tried the new Osteria, a restaurant by celebrity Chef Fabio Viviani, with a group of friends.

Osteria is a rustically refined eatery by celebrity chef, hospitality developer

Viviani, a *Top Chef* alum. This signature venue offers seasonally inspired dishes, including elevated takes

comfort foods, as well as local craft drafts and cocktails. Osteria features housemade pastas, Neapolitan-style pizzas, barrel select bourbons, and an extensive wine list.

Located

and TV personality Fabio 11505 N. Illinois St. next to Market District in Carmel, the space was hip, and it has a big bar area and outdoor seating area. There was live music outdoors when we were there. The presentation and plating of the food was visually appealing.

The staff was friendly, but as with most places, they are in need of staff and are actively hiring.

The meatball appetizer was great – several kinds

on his favorite of ground meat and a tasty sauce with melty cheese. The Caesar salad was fresh and crisp with a good homemade dressing. I would strongly recommend ordering what this restaurant is known for: Italian food, pasta and pizza.

> The pasta is housemade and it was al dente, cooked correctly, and the dishes had flavorful broths and sauces. The Pasta Alla Boscailoa - sausage, mushroom, Parmesan cream sauce, pasta and basil - was especially tasty. I think the Chef on site that night needs a bit more practice cooking seafood and non-ground meats, so stick with basic Italian pasta. But again, the restaurant just opened, so I give grace.

> Learn more at osteriacarmel.com.





Photos provided by Denise Moe Here are just two of the dishes Denise Moe enjoyed during her recent visit to the new Osteria in Carmel. See more photos of all the delicious food at ReadTheReporter.com.



ON-LINE PUBLIC A

for **LOCKWOOD AUTO & MARINE SERVICE 26550 State Road 19, Arcadia, IN**

Randy Lockwood, Owner (Retiring After 80+ Years in Business!)

On-Line Only at www.cripesauction.hibid.com

Bidding Opens: August 26th @ 3pm Soft Close Begins: September 17th @ 6pm

PREVIEW DATE-ONE DAY ONLY:

Wednesday, September 14th from Noon - 6pm Lockwood Auto & Marine Service 26550 State Road 19, Arcadia, Indiana (NO Random Walk-In Previews Prior to or After Sept. 14th)

PICK-UP DATES/TIMES - TWO DAYS ONLY:

Monday & Tuesday, September 19th & 20th from Noon - 7pm (Pick-Up Dates / Times NOT NEGOTIABLE-The Building is Sold & Must be Vacated) (Bring your own Boxes & Bring Someone to Help you Load if Necessary) (Bring your own Tools to Dis-Mantle or Dis-assemble anything you buy that needs to be dis-mantled or dis-assembled)

(A forklift & operator will be provided to load anything heavy on both days)

PICK-UP LOCATION:

Lockwood Auto & Marine Service 26550 State Road 19, Arcadia, IN

FEATURING:

Automotive & Marine Service Tools, Parts & Equipment (You name it, it's probably here!) Parts Bins & Cabinets (Some Full, Some Partially Full), Displays, Racks, Work Benches, Welding Equipment, Chain Saws, Push Mowers, Yard Tools, Snap-On Automotive Equipment, Napa Air Compressor, Tool Boxes, Tool Carts Metal Advertising Signs, Displays, Bar Stools, Die Cast Cars, Advertising Trinkets, More Janitorial Equipment & Stainless Sink & Wash Table Office Furniture, Refrigerator, Microwave, Commercial Coffee Pot, TV Mercury & Mercruiser Lower Units & Motor Antique & Vintage Finds 2002 Dodge Dakota Extended Cab Pick-Up Truck 1989 GMC Jimmy 4x4 with Plow Ford 1100 Tractor

Too Much to List! Check out the complete sale listing at www.cripesauction.com or www.cripesauction.hibid.com to view additional photos, item descriptions, and read the sale Terms & Conditions.

NOTE: Register & Bid @ www.cripesauction.hibid.com, NOTE: This is an ON-LINE only auction.

NOTE: Absentee bidding is still available-call for details.

NOTE: Click the Calendar Link at www.cripesauction.com or go to www.cripesauction.hibid.com to view complete sale terms and see gallery details.

NOTE: READ OUR TERMS & CONDITIONS BEFORE YOU REGISTER TO BID AS YOU ARE STATING YOU AGREE AND UNDERSTAND THEM. NOTE: No Shipping - Customer Pick-Up Only







Enjoy best of art, shopping, music this Saturday at Meet Me on Main in Carmel

The REPORTER

Come to the Carmel Arts & Design District from 5 to 9 p.m. on Saturday, Sept. 10 for Allied Solutions' Meet Me on Main. Make your way to Main Street and Range Line Road for an evening of art, shopping, Main St. music, and more.

Meet Me on Main is the City of Carmel's monthly "second Saturday" event to highlight local galleries, restaurants and design-related businesses in the District. Art galleries and businesses will feature special events specially planned to enhance the art and design-related features of the District.

Visit the art galleries and businesses to enjoy their special offers, as well as special activities in the Arts & Design District:

• Live music stationed along the sidewalk throughout the district: The Sax Guy, on the patio in front of Kuaba Gallery (404 W. Main St.), Doug Resendez, next to Carmel Chocolate Café (45 W. Main St.); Classical Music Indy, in front of Indiana Artisan (22 N. Range Line

• Free make and take crafts in the breezeway next to Sub Zero Nitrogen Ice Cream (111 W. Main St., **Suite 130)**

• Free caricatures in front of Circle Real Estate (30 W. Main St.)

• Carmel Fire Department community display next to Vitality Bowls (110 W. Main St., Suite 115)

 New featured artists and special events at various art galleries along Main Street and Range Line Road

There will be an opportunity to register to win one of three \$100 gift cards by visiting participating merchants and dropping your name and contact information into a special drawing that will take place the following week. The gift cards are from select Carmel Arts & Design District locations and more inforbusinesses. Be sure to visit mation about Meet Me on as many galleries and shops as possible to increase your at CarmelArtsAndDesign. chance to win.

Visit the following galyour chance to win one of three \$100 gift cards:

• Soori Gallery, 33 E. Main St.

• Magdalena Gallery of

Art, 27 E. Main St. #100 Indiana Artisan Gifts & Gallery, 22 N. Range Line

Range Line Road

Road

 Carmel Arts Council – The Children's Art Gallery, Design District is the

• All Things Carmel, 110 W. Main St. #104

• Art on Main Gallery & businesses, Gifts, 111 W. Main St. #140 CCA Gallery & Gifts.

111 W. Main St. #135 Kuaba Gallery, 404 W.

CCA Gallery & Gifts

CCA Gallery, 111 W. Main St., Suite 135. Throughout the month of September, the CCA Gallery will celebrate the work of Margot Bogue and Heidi Mandich. You are invited to come see their work at this special event.

Indiana Artisan

Indiana Artisan, 22 N. Range Line Road. Rug hooking is a folk art dating back to the mid-19th century. Tracy Burns uses the same techniques but creates geometric shapes and minimalist abstract designs that give her mats and wall hangings a distinct 21st century feel. Watch the Connersville artist and talk with her from 5 to 9 p.m. at Indiana Artisan Gifts & Gallery.

Kuaba Gallery

Kuaba Gallery, 404 W. Main St. Kuaba Gallery will present Reflections, showcasing one-of-a-kind photographic works from 5:30 to

Special Offers

· All Things Carmel, 110 W. Main St., #104. This month, the store will feature samplings of seasonal beers.

• Sub Zero Nitrogen Ice Cream, 111 W. Main St., will offer a "Buy one Get one FREE" Create Your Own Custard or Italian Ice special.

• Security Federal Savings Bank, 12 W. Main St., will celebrate its grand opening at the newly renovated space in the Arts & Design District. From 5 to 8 p.m., enjoy kids arts and crafts table, and games and prizes for all ages.

A map of the gallery Main activities can be found

Public parking is availleries and businesses for able in the Carmel Lions Club lot (141 E. Main St.), Sophia Square parking garage (entrance off of 1st Ave. NW), Indiana Design Center parking garage (200 S. Range Line Road) or onstreet. Click here to download the Arts & Design District parking map.

• The Olive Mill, 10 S. About the Carmel Arts & Design District

The Carmel Arts &

Broadcast your community's news to readers across Hamilton County

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Midwest's premier arts and design destination. Home to more than 200 including art galleries, restaurants, antique dealers, design showrooms, boutiques and creative service providers, the Carmel Arts & Design District promises to stimulate the senses. The Indiana Design Center is housed in the Carmel Arts & Design District. In addition, hundreds have taken advantage of the wide variety of housing opportunities and call the Carmel Arts & Design

District home.







October 8, 2022 9am-3pm

Fishers High School, 13000 Promise Road

A portion of proceeds supports the band department and their student opportunities like 2023 Macy's Thanksgiving Day Parade participation!



cuisine connect culture September 10

11:00 A.M. - 3:00 P.M.

Interactive Performances Food & Retail Vendors Artifacts Crafts Music **Traditions** Games

JUNC-

Amber Destefano

Presented by:

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Hosted by the Midwest Maniacs MC September 17th Kickstands up at 11 a.m. Start & End at The American Legion 406 E. 10th St., Sheridan \$20 per rider (\$25 with passenger) Raffels, Door Prizes, Food & Drinks And So Much More! Click for details

10 Opinion



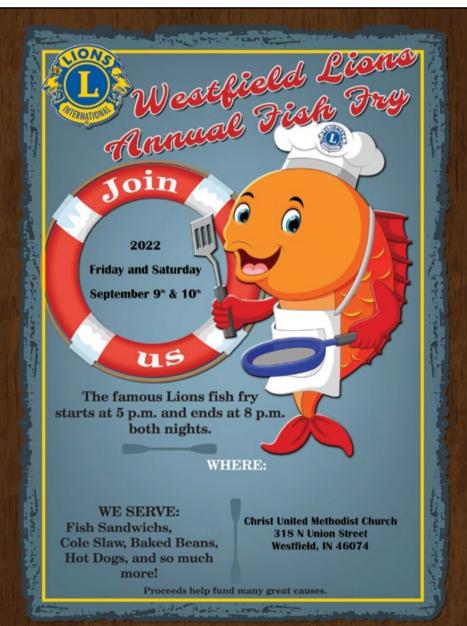
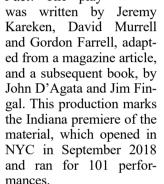




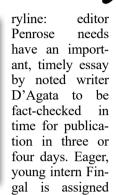
Photo courtesy Indy Ghost Light Photography Essayist John D'Agata (Lukas Felix Schooler), magazine editor Emily Penrose (Eva Patton) and fact-checker Jim Fingal (Joe Wagner) contemplate their dilemma in American Lives Theatre's The Lifespan of a Fact.

American Lives Theatre's The Lifespan of a Fact

Recently, Mrs. K and I traveled to Downtown Indianapolis to the Phoenix Cultural Centre for a preview performance of American Lives Theatre's TheLifespan of a Fact. The play



Chris Saunders directs the ALT version, framing the story with the talents of Eva Patton as magazine editor Emily Penrose, Joe Wagner as her young fact checker Jim Fingal, and Lu-Are facts negotiable?"



the task. Conflict and complications arise when Fingal tackles the job with a sharpened moral compass for truth and writes over 100 pages of correction notes for D'Agata's 15-page essay – and there is merit to many of his challenges.

KEN KLINGENMEIER

A Seat on the Aisle

This aggravates both the author and the editor, opening a three-way dispute filled with humor, tactics, and a lot of interesting conversation concerning the narrow line dividing absolute and fabricated facts in reporting.

All three cast members kas Felix Schooler as essay- shine in their portrayals. ist John D'Agata. The plot The roles give each of them is driven by the notion that a lot to chew on and be each character thinks/feels affected by. Joe Wagner's differently about the matter eager-to-please Jim Fingal of absolute truth versus an is the fact checker from artistic or more beneficial Hades, questioning every atre's The Lifespan of a version of the truth. The possibly off-set word or Fact runs at Basile Theatre piece asks the question - idea. Lukas Felix School- in the Phoenix Culture Cener, stricken with a myriad tre through Sept. 25. Ticket The Lifespan of a Fact of emotions, has his essay information can be found at

editor through Fingal's grinder. Eva Patton's Emily is strong and slow to burn as she is caught in the middle of this intellectual battle with her magazine at stake.

Kerry Lee Chipman's time for publica- set design is simple vet more than sufficient in the smallish Basile black box space. The original music by Aidan Sturgeon is haunting in a satisfying way (although the volume setting when used as a bed for dialogue makes that communication difficult). Mr. Saunders' direction is clean and never obstructs the storytelling, allowing the actors a fairly free rein.

Bottom line: *The* Lifespan of a Fact is a thought-provoking, and intelligent piece – made more enjoyable, to me at least, in the knowledge that it is based on a true incident. It poses a lot of important questions, but cleverly leaves us to figure out the answers on our own. It was definitely a show Mrs. K and I talked about on the way home. Highly recommended!

American Lives Thehas a simple enough sto- and his writing style put americanlivestheatre.org.

How to make selling your home fun But it doesn't

When you think about selling your property, do have to be that you dwell on the possible work and stress involved? You're not alone. Many homeowners share the same concerns.

In fact, there are plenty of wavs to add

some fun, anticipation, and even a sense of adventure to the selling process. Here are just a few ideas:

1. Plan fun things to do when your home is being shown. That can include walks, sports activities, or trying something you and your family have never done before.

own benefit. Instead of thinking about decluttering as a chore required for the sale, focus instead on how much more comfortable your home will be after decluttering. Studies consistently show that less clutter reduces stress and increases a sense of well-being.

3. Get everyone in your home anticipating the move in a positive way. Put pictures of your next home,

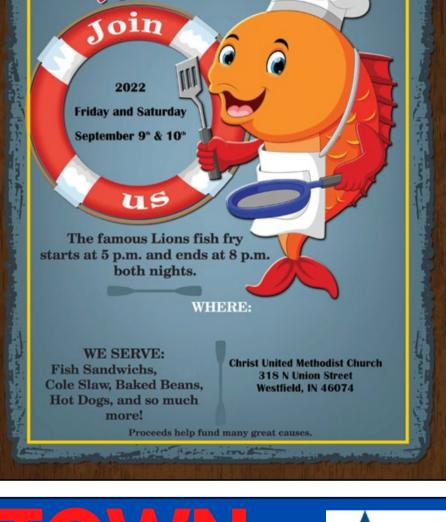
including neigh-GUEST COLUMNIST borhood shots, on the fridge door. Sit together on the computer and explore your new neighborhood's features

and amenities. 4. Celebrate milestones in the

selling process. For example, when you're finished preparing your property for sale, go out to celebrate. Make a checklist of milestones and how you'll celebrate each one.

5. Get the help you 2. Declutter for your need. A big part of the stress of selling is the anticipated work involved. Remember, you don't have to do it all yourself. Much of what needs to be done can be handled by contractors and other professionals. There are many other

> ways to make selling your home a positive and turbulent-free experience. Call (317) 407-6969 today if you'd like more ideas and suggestions.







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DANI ROBINSON, Realtor

More News ✓ More Sports . . . and more readers! Thank you, Hamilton County!

Help support survivors Rummage Sale of domestic violence

More Than a Phone nonprofit to hold fifth 'More Than a Tailgate' before the Colts play Tennessee Titans on Oct. 2

The REPORTER

More Than a Phone, a nonprofit that partners with domestic violence shelters across the U.S. to provide smartphones and data service plans to the survivors they serve, is giving Hoosier residents and Indianapolis Colts fans a chance to support its mission at the fifth annual More Than a Tailgate fundraising event.

From 10 a.m. to 12:30 p.m. on Sunday, Oct. 2. at Crane Bay Event Center in downtown Indianapolis, attendees can enjoy tailgate-inspired food and drinks, outdoor games and live music from the Cool City Band during a family-friendly tailgate. Live and silent auctions will take place throughout the event, which will include several getaways and a black opal necklace. All event proceeds will benefit More Than a Phone, which gives domestic violence survivors of partnering shelters a means to safely keep in contact with family, friends, law enforcement, children's schools and more by provid-

service.

purchased at morethanaphone.org/more-than-atailgate. For those unable to attend the tailgate in person, virtual ticket options are Tailgate event raised nearly ones, and more. \$130,000 to help survivors at shelters across Indiana 2017, More Than a Phone and the U.S.

annual More Than a Tailgate is a tremendous accomplishment for our organization, and we cannot currently partners with 73 wait to welcome our guests and community partners to tailgate for a cause," said Julie Moorehead, executive director of More Than a Phone. "While this event continues to get bigger and better each year, the need for community support also becomes greater over time. We want our guests and partners to know how important their attendance is for survivors in Indiana and nationwide."

A continued national

ing smartphones and data crisis, more than 12 million people are affected by inti-Event tickets can be mate partner violence every year, according to the National Domestic Violence **Hotline**. In some situations, cell phones are used to exercise coercive control by also available that include tracking partners, accessing access to a live stream of the their calls and texts withevent and the silent auction. out permission, preventing Last year's More Than a communication with loved

Since its founding in has provided over 5,800 "Celebrating the fifth smartphones and 23,000 months of service to survivors of its participant shelters. The organization domestic violence shelters

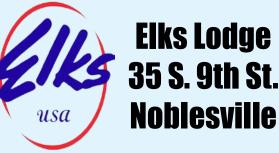
across 21 U.S. states and Washington, D.C. Shelter partners in Indiana include **Coburn Place and The Julian Center** in Indianapolis; Prevail of Noblesville; Alternatives Inc. of Anderson; and more.

Additional information about the More Than a Phone and how to support the organization can be found by visiting morethanaphone.org or by following the organization on Facebook, Twitter and Instagram.

Noblesville Elks #576 will be holding a rummage sale for charity that is open to the public.

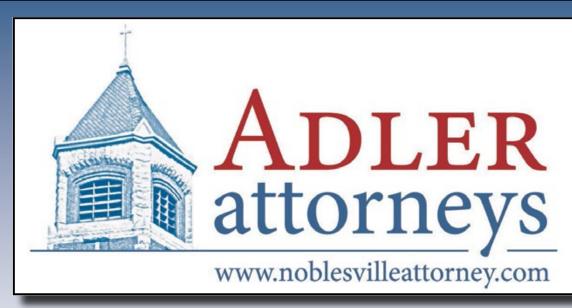
We will have household items, tools, kitchen items and more.

Saturday Sept. 10 9 a.m. - 2 p.m. Saturday Sept. 17 9 a.m. - 1 p.m.



All proceeds from this event will go to our annual charity campaign

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AG Rokita protects elderly Hoosiers from improper medical care

Team's investigation exposes expired nursing licenses

The REPORTER

eral Todd Rokita is fighting and was capable of properfor Hoosiers living in assist- ly caring for elderly people

ed living facilities after multiple nurses' licenses were found ex-

"The decision to move a family member into an assisted living facility is not easy," Rokita said. "But

when you make this decision, you expect to Felony: Deception. be able to trust the people who are taking care of them. Whether it's intentional fraud or ambivalence, it is a seasoned citizens, children,

major concern." Emma's Place Assisted Living in Pekin, Ind., siers of all ages." claimed to be a licensed facility and home to six to 10 elderly patients. Since opening, Emma's Place received complaints from families whose loved ones suffered from improper care.

Among the complaints Julie Nicholson, RN. were Stage 4 bed sores, resulting in an emergency Fraud Control Unit receives room visit as well as blatant misrepresentation of the facility's qualifications. Specifically, the facility claimed to be fully staffed with licensed nurses.

When asked if the fa-Indiana Attorney Gen- cility had licensed nurses with medical con-

ditions, the president and CEO falsely represented their qualifications.

In a recent piea agreement,

the president and CEO of Emma's Place pleaded Rokita guilty to a Level 6

"I refuse to back down when vulnerable Hoosiers are mistreated, whether our or the unborn," Rokita said. "I am here to protect Hoo-

Rokita thanked members of his Medicaid Fraud Control Unit for their work on this case – including Deputy Attornevs General Grainne Kao and Jordan Stover and investigators Jack Davis and

The Indiana Medicaid 75 percent of its funding from the U.S. Department of Health and Human Services under a federal grant. The remaining 25 percent is funded by the State of Indiana.



12



How to avoid student loan forgiveness scams

The REPORTER

The Biden Administration recently announced that the federal government will cancel up to either \$10,000 or \$20,000 of federal student loans per person, depending on certain conditions. Millions of Americans will be recipients of the student loan debt relief; unfortunately, this creates an excellent opportunity for scammers. Click here to see a recent warning about student loan forgiveness scams from the Better Business Bureau (BBB).

navigate the new forgiveness program, con artists will undoubtedly be there to take advantage of any confusion. It happens with any big government initiative, including the COVID-19 vaccine rollout, eviction moratorium and pandemic relief programs. Always be sure to do your research before sharing any personal information.

Tips to avoid student loan forgiveness scams

Get to know the terms of your student loan and the relief program before acting. Always do your research before sharing perto understand the ins and outs of your specific loan, loan relief impacts you. Go straight to official government websites, such as ED.gov and studentaid. **gov**, for information.

Never pay money for As student loan holders a free government program. Scammers often trick victims into paying for free government programs – or they claim you have any concerns about can get additional benefits, faster benefits, etc., for a fee. A real government agency will not ask for an advanced processing fee. These are all red flags of

blue calls, emails or text and call to verify. Then, re-

from the government. In general, the government will not contact you using these methods unless you grant permission.

Watch out for phony government agencies or programs. If you speak sonal information. Be sure to someone claiming to be a government representative who is offering as well as how student you student loan relief, do some research before you agree to anything. Scammers often make up look-alike government websites that sound simor programs.

Think something seems suspicious? Reach out to the agency directly. If you an alleged government representative's macy, hang up the phone or stop emailing/texting. Then, find the official contact information (look on ED.gov and studentaid. Be wary of out-of-the- gov or other official sites) help others avoid falling

messages claiming to be port the suspicious calls or messages.

> Be careful, even if the information comes from a friend. Even if a close friend or family member you trust sent you the information regarding student loan relief, make sure the claims are real first. During the COVID-19 pandemic, BBB received many reports of hacked social media accounts being used to spread government impostor scams.

For more information

Read more on BBB. ilar to legitimate agencies org about scams targeting recent college graduates and government impostors. Get further insight by reading BBB's tips on loans and credit repair services.

> If you've spotted a student loan forgiveness scam (whether or not you've lost money), report it to BBB.org/Scam-Tracker. Your report can victim to scams.











Will you help in a disaster?

Learn to help your family, neighbors, and community by joining Hamilton County's disaster preparedness unteer group, CERT!

Graduates of the program receive free on-going training and can earn disaster tools and supplies.

Fall Class— 9/14/22 to 11/9/22 on Wednesday evenings from 7:00p to 9:30p

> Visit our webpage to learn more or to complete your online application at HamiltonCounty.in.gov/CERT.



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Serving Hamilton County and Beyond

Community News

All-you-can eat fish fry at Wayne Fall Lions Club

The Wayne-Fall Lions Club invites the community to an all-you-can-eat fish fry from 4:30 to 7:30 p.m. on Saturday, Sept. 10, at the Wayne-Fall Lions Club, 11940 E. 191st St., at the intersection of Deshane Road and Victory Chapel Road, Noblesville.

The meal will include the Lions Club's famous fried cod, fries, baked beans, coleslaw, and a drink. Dessert and hot dogs will be available.

The meal will cost \$12 for adults and \$6 for kids aged 10 and under.

There is a large yard for picnic seating. Bring your own chairs or blankets.

Boating safety tips just in time for fall

The REPORTER

boating safety tips from the BoatUS Foundation for Boating Safety and Clean Water just right for leaf peeping season.

1. A float plan is needed.

A float plan is as simple as telling a responsible person where you will be going and when you'll be back. With fewer other boats on the water (potential Good samaritans) after Labor Day, a float plan ensures rescuers will be notified if you ever fail to check back in after your outing. Additionally, leaving a note under your vehicle's windshield wiper at the launch ramp can help trigger an alarm.

2. Got a way back into the boat?

Falls overboard may be ranked No. 5 on the 2021 U.S. Coast Guard's list of the "Top Five Primary Accident Types" with 273 accidents, but they also led the most number of deaths (170 fatal), as well as more fatalities than all the other four top accident types combined (No. 1 collision with vessel: 1,226 accidents, 31 fatal; No. 2 collision with fixed object: 508 accidents, 43 fatal; No. 3 flooding or swamping: 461 accidents, 55 fatal; No. 4 grounding: 308 accidents, 23 fatal).

Your boarding ladder

accessible as cold water Fall boating season has can quickly sap strength. arrived, and with it come If your boat doesn't have a different types of risks that built in-ladder, a compact cold water and air tempera- emergency ladder or even tures bring. Here are three a looped line attached to a cleat, pre-rigged with foothold loops every few inches and hung over the transom, can substitute.

3. For life jackets, camo styling hides a danger.

Dark green, tan and black camo patterns are remarkable at doing exactly as designed: blending you into your surroundings. However, that's not a benefit if you happen to be floating in the water and rescuers are searching. If possible, make their job easier and wear a life jacket with high visibil-

For smaller vessels and paddlers, leaf peeping season is also a really good time to secure the life jacket to your body - that includes using buckle snaps.

About the BoatUS Foundation

The BoatUS Foundation for Boating Safety and Clean Water is a national leader promoting safe, clean and responsible boating. The nonprofit provides innovative educational outreach directly to boaters and anglers with the aim of reducing accidents and fatalities, increasing stewardship of America's waterways and keeping boating safe for all. A range of safe and clean boating courses – including the nation's largest free online boating safety course – can be found should be functional and at BoatUS.org/Courses.

Looking at substance use disorders in Indiana

Substance use and substance use disorder (SUD) have been a growing public health concern over the past decade, both nationally in Indiana. Data from the Centers for Disease **Control and Pre-**



vention (CDC) National Center for Health Statistics indicates there were an estimated 100,306 overdose fatalities in the U.S. during a 12-month period ending in April 2021, an increase of 28.5 percent from the same period in 2020.

The COVID-19 pandemic played a large role in these increasing rates, as the Indiana Department of Health (IDOH) tells us that from January to December 2020, there was a 41 percent increase in drug overdose deaths compared to the same time period in 2019 in Indiana. Additionally, naloxone, or Narcan, an opioid antagonist designed to reverse an overdose, administrations across the state were 66 percent higher in 2020 compared to the same period in 2019.

September is National Recovery Month, an annual observance to promote and support new evidence-based treatment and recovery practices for substance use. Launched by the Substance Abuse and Mental Health Services Administration (SAMHSA), the month aims to increase public awareness surrounding mental health and addiction recovery.

CareSource, a national nonprofit health plan, recognizes that the process of accessing and completing proper treatment and care for SUD was hindered during the pandemic. Simultaneously, the number of vulnerable Hoosiers within these populations greatly increased as well as the barriers standing in their way

GUEST COLUMNIST tance. Because of this, we have partnered with several organizations to better support those facing SUD and are focusing on the steps that to work towards recovery.

1. Educate yourself.

Take the time to educate yourself on the facts surrounding drug use and SUD. Know that addiction is a long-term chronic disease. Seek the best resources available and use those to determine where you can access treatment. Helpful resources include the **SAMHSA** website, which contains information about substance use, treatment types, treatment locators and more, as well the National Institute on Drug Abuse (NIDA), which leads the nation in offering research on the health aspects of drug use and addiction. We also direct many of our providers to "Know the O Facts," a guide provided by the state of Indiana and Next Level Recovery that contains important resources, including the addiction hotline and treatment providers in the state.

Additionally, it's important to educate yourself on the major causes of overdose deaths, like fentanyl, a synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. Fentanyl is prevalent in multiple substances and is often added to other drugs because of its extreme potency, making drugs less expensive, more powerful, more addictive and more dangerous, per the **CDC**.

2. Recognize that treatment works, and that Medication Assisted Treatment remains the gold standard treatment for opioids.

One of the most important items we stress at CareSource is that treatment

be active treatment, supportive treatment and recovery management during the course of someone's treatment plan in order for it to be effective. It also needs to be recognized that detox is important, but detox by itself is should be taken not treatment. If you detox without treatment, you risk overdose, as an individual's tolerance decreases rapidly.

Medication Assisted Treatment (MAT) is the top treatment option for opioid use disorder (OUD) and is considered the gold standard in addiction care. MAT combines behavioral therapy and counseling with medication approved by the Food and Drug Administration (FDA) that provides a holistic or whole-patient approach to dependency. The treatment, regulated by a doctor, allows those with SUD to reduce their cravings and dependency quickly to begin their recovery.

3. Focus on the full

rehabilitation process. Good treatment is not only focused on substance use. Rather, a good treatment plan focuses on someone's mental and physical health as well. We recently partnered with Wayspring, a provider of high-touch care coordination and treatment services for those with SUD, to create a SUD Home program, the first of its kind in Indiana.

The program aims to reduce the burdens and barriers on members throughout the full rehabilitation process by supporting care navigation, establishing people with a primary care provider to detect and manage any current or underlying medical conditions, prioritizing the management of highrisk individuals through in-person behavioral health, primary care and addiction medicine services, and utilizing CareSource's case management team to ensure the development of an individualized care plan and that

of receiving assis- does work. There needs to members receive assistance and ongoing maintenance. to reach a care advocate. with social needs crucial to While it is a long-term prothe rehab process, such as transportation, appointment scheduling and housing. A strong combination of care coordination and focusing on a person's specific social determinants of health is critical to recovery.

4. Obtain a Narcan kit and an emergency preparedness plan.

When an overdose occurs, breathing stops. That's where the FDA approved medication, naloxone (Narcan), can help. A statewide study of emergency Narcan doses in Massachusetts found that when given the medication, 93 percent of people survived their overdose.

We work with Overdose Lifeline Inc. to provide Indiana schools with emergency medication boxes and emergency preparedness training in the event of an opioid emergency and to connect schools to evidence-based prevention programs. Indiana school districts are permitted to stock Narcan as an emergency medication, but few do. It's essential to have school staff trained in how to recognize and respond to an overdose emergency. Our goal with the three-year grant with Overdose Lifeline Inc. is to increase the number of Indiana schools who have implemented an Opioid Overdose Emergency Preparedness and Response program by 275 schools by targeting 75 schools in the first year and having 250 school staff members attend

5. Find a support system in recovery.

the training programs.

To help with your recovery, it's important to recognize who your support system is, maintain proper nutrition, and work to find a meaningful and fulfilling activity. Keep in mind that substance use disorders are like all chronic conditions and often require repeated episodes of treatment

cess, recovery from SUD is possible.

If you know someone struggling with addiction during this time, CareSource offers care management for members struggling with addiction, which can be accessed at 1-855-475-3163, as well as support through our 24-hour addiction hotline. Call 1-833-674-6437

And finally, consider attending support groups close to home, like Al-Anon, Nar-Anon, the National Alliance on Mental Illness, or Parents of Addicted Loved Ones (PAL) and referring to resources like bewellindiana. com and in.gov/recovery/ know-the-facts.

Steve Smitherman serves as the President of Care-Source Indiana.

TODAY'S BIBLE READING

Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good.

1 Peter 2:1-3 (NIV)













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14 **Sports**



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HAMILTON COUNTY SPORTS

Sports Editor Richie Hall | Sports@ReadTheReporter.com | Twitter @Richie Hall

Noblesville, Carmel, Westfield, Sheridan, Hamilton Heights, Fishers, University, Guerin Catholic, Hamilton Southeastern

Soccer



Reporter photo by Richie Hall

The Hamilton Southeastern girls soccer team won the Mudsock game on Wednesday, beating Fishers 2-1 to win the trophy for another year. The Royals came back from a 1-0 deficit by scoring two quick goals midway through the second half.

Royals rally to rush for Mudsock trophy

By RICHIE HALL

sports@readthereporter.com

FISHERS – When a soccer team's biggest rival takes a one-goal lead in an important game, the easy thing to do would be to panic.

Hamilton Southeastern's girls team doesn't do things the easy way. Instead, the Class 3A No. 2-ranked Royals stuck with their game plan, and it eventually worked. South-

eastern trailed 1-0 to Class Coleman made a corner in the Mudsock game on leyed it into the net. Wednesday, but the Royquick goals and win the Mudsock trophy 2-1.

Neither team scored in the first half. The Tigers got with Cole Lance making on the board when Mallory Slabaugh scored off an held for the remainder of Elise May assist in the 49th the game, with Southeastminute. Southeastern had ern holding off a furious to wait a few minutes to rush by Fishers in the last try for an equalizer, but the couple minutes to defend Royals got it when Tatum its Mudsock trophy.

3A No. 13-ranked Fishers kick and Taylor Cook vol-

Thus, the score was tied als came back to score two 1-1 with 23:43 left in the game. Less than four minutes later, Caroline Kelley put in the go-ahead goal, the assist. The 2-1 margin

"I loved our girls' re- was also a Hoosier Crossdown a goal," said HSE 3-2 in conference play. coach Greg Davidson. "And their response was pretty magical. Didn't lose track of our game, didn't try to do something different. Just kept believing in the things that we've been the game-winners."

The win improved the Royals' record to 9-1. This felt good, but I knew that field Saturday morning.

sponse in a tough situa- roads Conference game, tion of finding themselves and Southeastern is now

> Meanwhile, the Tigers are 2-2-1 in the conference and 4-4-1 overall. Fishers coach Harold Spooner was happy with his team's effort after the game.

"They're one of the doing all year, and had the better teams in the counheart to come back and get try and their quality shows every time," said Spooner. "To have that 1-0 lead, I

they weren't going to stop coming and our girls knew that, too. At the end of the day, we're really proud. We didn't get the result we wanted, but we gave them everything that they could handle."

The Royals travel to Crown Point on Saturday, playing the Class 3A No. 14-ranked Bulldogs at 11:45 a.m., then taking on Fort Wayne Carroll at 3:45 p.m. The Tigers host Plain-

Cross Country -

Heights cross country sprints to success at season opener

Submitted

Members of Hamilton Heights Middle School's cross country team came out of the gate strong at its season opener last Wednesday. Heights proved to be among the best of the eight schools that participated at the Eastern Conditioner hosted by Eastern.

Both the boys and girls B teams brought home first place wins in the B race. Highlights included the Levi Newman and Jonah Wolfgang duo placing first in their race. The top pair in the girls' race was Lydia Heuer and Fiona McDonald placing second.

The competition was tough in the boys' A race with Tommy Girolamo and Will Monnin running their way to a respectable third-place finish and second-place overall team finish, only behind the tough Northfield team. In the girls' A race, four Husky pairs finished in the top 10, bringing home the first-place trophy.

It was a great night to be a Husky cross country runner. Expect more good things out of this talented group of runners in future meets.





REAL ESTATE

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Sundays at 11:00 in Celebration Hall

LIVESTREAMED

Noblesville First United Methodist Church

You are invited to join the contemporary worship service in Celebration Hall (Door 2, 7). The service is offered at 11 a.m. every Sunday and features high-energy contemporary praise music from the LIVE Praise Band, scripture readings, a sermon message, engaging prayer time, and weekly Holy Communion, prayer rails, and candle lighting. Everyone is welcome to join each Sunday.

Top-ranked Noblesville stays unblemished, blanks Westfield on Senior Night

By CRAIG ADKINS

For The Reporter

On Wednesday, it was Senior Night for the Noblesville girls soccer program. They celebrated and honored their 10 senior players prior to the conference match against neighboring Westfield.

The Class 3A No. 1 Millers were faced with a very tough defense from the 3A No. 17 Shamrocks, but were able to space out their scoring and keep the visitors out of the back of the net in a 2-0 defeat of Westfield.

It was also a welcome back to Westfield head coach, former Noblesville player Hannah (Mangus) Eggert, who played four years for the Millers and Mike Brady from 2009-2012.

Eggert is transforming the culture of the Westfield soccer program into what she knows from playing at Noblesville. The Shamrocks are a program that's much-improved from what they have been in recent years and it's showing with goalkeeper Kate Pallante.

"She is incredibly talented, has come up big for us in a few games, made some great saves," said Eggert on her talented, aggressive backstop.

"As the season has gone on, she's gotten better and more comfortable and become more of a leader, as well. We couldn't ask for more from her," continued Eggert on her junior keeper and leader.

"Their goalkeeper had a really nice game and that's the first player I went and spoke to after the game and let her know that. A different goalkeeper, a different night, yeah, we probably get quite a few more. She stood us up over and over again and we had some good shots, had a really nice game against us," said Noblesville head coach as seniors and what they tremendous effort in goal by They've been part of this

The Shamrocks played and stuck to an aggressive,

they didn't stop.

"We talk a lot about soccer careers. how we are talented and we state, or if we are, we come and we get ready to play every day. It doesn't matter who the opponent is. We best foot forward," stated Eggert on the Shamrocks'

like to think we do, comes out and plays hard. The first time we played them, I really did say to an assistant that they're playing Miller soccer. They're aggressive, in a clean, competitive way," said Brady, complementing his former player, who is now Westfield's coach.

Noblesville was able to get on the scoreboard midway through the first half. Sophomore Lily Ault found the back of the net from a pass by sophomore Meredith Tippner for a 1-0 lead.

Senior Ava Bramblett sealed the win that would help keep Westfield away. Meskerem James, lofting a low shot to the left side of wind up as the final.

The season is just past the halfway point and the top-ranked Millers have yet to yield a goal. This senior class will already go down as the most decorated in program history and they would surely love to add more team accolades in October.

Through Wednesday's game, this senior class is 58-1-5 with three Hoosier Crossroads Conference titles, three sectional titles, and two regional, two semistate and two state champi-

"Not only this year Mike Brady on Westfield's have done for the program. culture for four years and the success is crazy," said Brady on the impact of what bump-and-run defense and this group of seniors has

produced thus far in their

"It's not just the wins. just show up every game. It They get along with each doesn't matter if we're not other and lift up the youngthe number one team in the er players. There is no class system where the seniors are special. Tonight's the only night they are honored, and it's great that just show up and put our they are, but that's not what they're all about. They're still about the idea of team, approach to each game and that they've bought into and the culture in this program "Hannah's team, as I'd is strong. They're a special senior class and I don't say that every year," Brady continued praising this senior class on what they do and how they do it.

"Even coach (assistant coach Kristin Hetzel) was saying it earlier as well. They're just a special group, individually they are, but then bring them together and watch them work toward the same goal and elevate others, you can't be happier as a coach to have that in your program," stated Brady, as he couldn't stop boasting about this senior class and his team as a whole.

Westfield (4-4-1, 1-3 She took a pass from the HCC) gets the weekend off right foot of fellow senior and will next face Cathedral on the road on Monday.

Noblesville (8-0, 4-0 the goal in the 63rd minute HCC) stays home on Saturfor a 2-0 score that would day to host Harrison (West Lafayette). The junior varsity kicks off at 10 a.m. with the varsity to follow.



Reporter photo by Kent Graham

Noblesville's Ava Bramblett (right) scored the Millers' second goal during their game with Westfield on Wednesday. Pictured for the Shamrocks is Mia Smith.

Golf-

Noblesville girls get back-to-back victories

The REPORTER

The Noblesville girls golf team picked up backto-back dual meet wins this week.

First, the No. 5-ranked Millers beat Fishers 166-195 in a nine-hole match at Harbour Trees. Noblesville was led by Caroline scored a victory in a three-Whallon, who was the meet medalist with a 39. Other Adam 41, Josie Kelley 42 and Presley White 44.

Majeski both scored 48s for the Tigers, with Olivia Holding carding a 49. Also scoring were Kate Jansen 50, Lola Kivett 51 and Ayanna Bodake 57.

junior varsity match 188-231. Noblesville's Peyton Kauzlick was the medalist with a 45, followed by Olivia Anderson 46, Emma Leming 47, Kendall Cooper 50 and Savannah Munson 50.

Noblesville picked up another dual win at Harbour Trees on Wednesday, beating No. 8 Zionsville 151-68. Caroline Whallon was again added a 45.

the medalist with a 34. Olivia Fowler carded 38, Adam scored a 39 and Kelley had a 40. It was the Senior Night meet, and Whallon, Emma Leming and Mia Price were honored.

Hamilton Southeastern

team meet on Tuesday. The No. 9 Royals carded Millers scores were Jordan a 157 to No. 4 Westfield's 164 and New Palestine's 212. Southeastern's Cora Kristi Lilek and Sarah Zink was a co-medalist, carding a 37. Lauren Stewart added a 38, followed by Ella Bui 40, Makenna Watson 42, Janelle Garcia 43 and Reese Hissong 44.

The Shamrocks' Saman-The Millers won the tha Brown was the other co-medalist, also scoring a 37. Addi Kooi totaled 40, Allie McKeown scored a 42 and Sam Lemieux added a

> Westfield won the junior varsity match. Both teams scored a 174, with the Shamrocks getting the victory on the fifth-score. Sami Hanavan, Sadie Edwards and Lilley Ku all scored 43s, and Anna McKeown







16 **Sports**

Soccer



Sheridan's Lilly Chesney takes the ball down the field during the Blackhawks' game with Beech Grove on Wednesday. Chesney was one of several goal scorers for the 'Hawks in their 9-0 win.

Blackhawks blow past Beech Grove, win 9-0

The REPORTER

The Sheridan girls soccer team cruised to a 9-0 win over

Beech Grove on Wednesday. The Blackhawks led 5-0 and communication. Sher- Chesney, Kadence Voege,

317-313-9599

goals in the second half.

Junior Emma Alexan-'Hawks. Other goal scorat halftime, controlling the ers were Makenzie Terwhole half with solid passing ry, Chaney Smith, Lilly

As water reflects

a face, so a man's

heart reflects the

man. Prov. 27-19

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senior portraits,

idan then added four more Ji Warren and Lucy Hester, Delphi today for a 5:30 p.m. who also delivered two assists. Warren, Chaney Smith der put in two goals for the and Mac Smith all had one assist. Hailey Godbey made two goalkeeper saves, with Terry making one.

Sheridan is 4-3 and hosts game for free.

Hoosier Conference game. The Blackhawks are taking toy donations to support Peyton Manning Children's Hospital. Anyone who brings a new toy will get into the



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MLB standings

Wednesday's games N.Y. Mets 5, Pittsburgh 1 (makeup of Sept. 5) N.Y. Mets 10, Pittsburgh 0 N.Y. Yankees 7, Minnesota 1 (makeup of Sept. 6) N.Y. Yankees 5, Minnesota 4 Colorado 8, Milwaukee 4 Atlanta 7, Oakland 3 Detroit 5, L.A. Angels 4 L.A. Dodgers 7, San Francisco 3

Chicago White Sox 9. Seattle 6 Tampa Bay 1, Boston 0 Philadelphia 4, Miami 3 Toronto 4, Baltimore 1 Cincinnati 7, Chicago Cubs 1 St. Louis 6, Washington 5 Kansas City 2, Cleveland 1 Houston 4, Texas 3 San Diego 6, Arizona 3

American I eague

American League					National League				
East	W	L	PCT.	GB	East	W	L	PCT.	GB
N.Y. Yankees	83	54	0.606	-	N.Y. Mets	87	51	0.630	-
Tampa Bay	77	58	0.570	5.0	Atlanta	86	51	0.628	0.5
Toronto	76	60	0.559	6.5	Philadelphia	75	61	0.551	11.0
Baltimore	72	65	0.526	11.0	Miami	55	80	0.407	30.5
Boston	67	71	0.486	16.5	Washington	48	89	0.350	38.5
Central	W	L	PCT.	GB	Central	W	L	PCT.	GB
Cleveland	70	65	0.519	-	St. Louis	81	56	0.591	-
Minnesota	68	67	0.504	2.0	Milwaukee	71	66	0.522	9.5
Chicago White Sox	69	68	0.504	2.0	Chicago Cubs	57	79	0.419	23.5
Kansas City	56	82	0.406	15.5	Cincinnati	54	80	0.403	25.5
Detroit	52	85	0.380	19.0	Pittsburgh	50	86	0.368	30.5
West	W	L	PCT.	GB	West	W	L	PCT.	GB
Houston	88	49	0.642	-	L.A. Dodgers	94	42	0.691	-
Seattle	77	60	0.562	11.0	San Diego	76	62	0.551	19.0
L.A. Angels	60	77	0.438	28.0	San Francisco	65	70	0.481	28.5
Texas	59	77	0.434	28.5	Arizona	65	71	0.478	29.0
Oakland	50	87	0.365	38.0	Colorado	59	79	0.428	36.0
					200				

Volleyball ——



Reporter photo by Kirk Green Sheridan's Jacquellynne Bates served three aces and had nine digs on defense during the

Sheridan, Westfield, Carmel each their win matches Wednesday

Blackhawks' Wednesday win over Irvington Prep.

The REPORTER

The Sheridan volleyball team picked up its second 7 in Class 4A, swept New consecutive win on Wednes- Castle 25-11, 25-16, 25-16 day, beating Irvington Prep 25-7, 25-13, 25-18 at Larry Hobbs Hall.

Meredith Krupp and Nova Cross both served four aces for the Blackhawks, while Jacquellynne Bates served three. Senne IJzer led the offense with eight kills, followed by Payton Warren with five kills. Claudia Headlee, Shelby Eaton and Cross all put down three kills. Cross handed out 21 assists.

"Our goal tonight was to into the match, and we accomplished that goal," said Sheridan coach Melissa Jump.

Bates collected nine digs on defense, while IJzer had eight and Krupp had five. Warren and IJzer both made one solo block.

"Our seniors are leading our team really well this year," said Jump. "You've got Jac Bates in the back for us at libero. Our foreign exchange student, Senne IJzer, has come in and played really well for us. You got Nova Cross running our offense, got a year under her belt, I think a little bit better."

Sheridan is 3-7 and goes on the road tonight, traveling to Carroll for a 6:30 p.m. Hoosier Heartland Conference match.

Westfield, ranked No. on Wednesday.

Chloe Sutake hit 13 kills for the Shamrocks, followed by Emma Dodson with nine. The senior co-captains led the defense, with Mallory Neale collecting 19 digs and Mallory Weber making 15. Neale also served four aces. Izzy Jackson dished out 23 assists.

Westfield is 9-3 and hosts Noblesville tonight.

Carmel got past Ziget everybody on the bench onsville in a four-set away match on Wednesday.

The set scores were 22-25, 25-18, 25-17, 25-23. The Greyhounds overcame a slow start and used their strong defense to get the victory.

Lauren Evans had 15 kills, with Jessica Pickett and Emily Waddell both hitting 11 kills each. Five different Carmel players served at least one ace: Waddell had five, Lauren Evans four, Emerson Evans three, Peyton Ulrey two and Lauren Dossey one.

Dossey led the defense with 26 digs, followed by Ulrey with 14 and Lauren Evans with 10. Pickett made seven blocks and Emerson Evans handed out 36 assists.

The 'Hounds are 7-7 and host Tri-West on Thursday.

