

SATURDAY, JAN. 16, 2021

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CARMEL | FISHERS | NOBLESVILLE | WESTFIELD



TODAY'S WEATHER

Today: Cloudy, with flurries at times.  
Afternoon snow showers.  
Tonight: Snow showers,  
with minor accumulations.

HIGH: 34 LOW: 30



Photo provided by Hamilton Heights Schools Corporation

Hamilton Heights girls varsity and junior varsity players and coaches pose for a picture after the recent inaugural Pink Out basketball game for Breast Cancer awareness and support. Money raised from the event will be donated to the IWIN Foundation in Indianapolis.

## Huskies, Shamrocks girls team up for cancer fight

### The REPORTER

The Hamilton Heights girls basketball team, joined by their opponent, the Westfield Shamrocks, honored individuals battling breast cancer at the first "Pink Out for Breast Cancer."

As part of the event, the team raised funds totaling more than \$2,000 for the IWIN Foundation.

The IWIN Foundation supports individuals statewide receiving treatment for

breast cancer by relieving emotional, physical and financial burdens.

Event organizer and Hamilton Heights senior Jillian Osswald said, "It's a moment I wish I could relive. The support was tremendous and we really appreciate everyone stepping up and helping us out with this special awareness event. To top it off, we had a tough but fun game."

Attendance was limited due to COVID restrictions in accordance with Indiana

State Department of Health guidelines, so the recognition of local breast cancer warriors will be rescheduled for halftime later in the season.

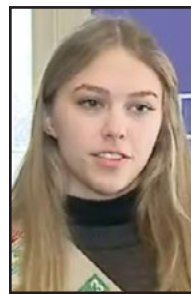
The team extended a special thanks to the athletic department, Beaver Materials (event sponsor), Erika's Place, 10 West, Jeff McCorkle at Farmers Mutual Insurance Agency in Tipton, and to all those who contributed in some way to make the event impactful.

## Carmel teen collects phones for victims of domestic violence

By CAMILA FERNÁNDEZ  
WISH-TV | [wishtv.com](http://wishtv.com)

A Carmel girl is stepping up to the plate to help victims of domestic violence.

For about seven weeks, Katie Dunn, 17, collected more than 400 phones that will soon be programmed to dial 911 for victims. Dunn says these phones will be distributed at the Julian Center in Indianapolis, which aims to empower survivors of domestic violence and much more.



Dunn

"We had a goal of 50 phones at first, and so now we've collected 411," Dunn said. "So we were kind of surprised after the first collection that we did at the beginning of this to see how many phones we were getting."

Jamie Schnurpel, the Julian Center director of programs and survivor services, said, "These are incredible donations, and it means a lot to us as providers but also to the survivors that we serve."

Dunn adds that this community project is one more step to becoming a Gold Award Girl Scout, the highest achievement within the Girl Scouts of the USA.

Victims of domestic violence who need a phone can call Julian Center's crisis hotline at (317) 902-9320.

For domestic violence help, call the Indiana Coalition Against Domestic Violence at (800) 332-7385.

## Janet Pritchett elected HSE 2021 school board president

By LARRY LANNAN  
[LarryInFishers.com](http://LarryInFishers.com)

Michelle Fullhart handed over the gavel as Hamilton Southeastern (HSE) school board president to Janet Pritchett Wednesday night.

"Never, in my wildest dreams, or nightmares, could I have imagined all the challenges we would have," Fullhart said, referring to the COVID pandemic. Fullhart served 18 months as board president, first after Mike Bottorff resigned his board seat in the summer of 2019, then through 2020.

"It is my goal to lead with integrity, empathy, kindness and a driving focus on students," said Pritchett as she assumed the role as president.

Brad Boyer will serve as board vice president during 2021 and Julie Chambers was elected board secretary.

The three newly-elected board members, Suzanne Thomas, Sarah Parks-Reese



Pritchett



(Top left) Suzanne Thomas and family. (Top right) Sarah Parks-Reese and family. (Bottom left) Sarah Donsbach and family. (Bottom right) Judge Paul Felix performed the swearing in virtually.

and Sarah Donsbach, were sworn in virtually by Hamilton County Circuit Court Judge Paul Felix. Suzanne Thomas, Sarah Parks-Reese and Sarah Donsbach all took the oath of office with family members and friends at their sides.



Photos provided by HSE Schools

The three outgoing board members were honored by the board for their service. Sylvia Shepler and Clint Wilson accepted their awards. Amanda Shera was honored at the meeting but was not on hand to personally accept the recognition.

## Join Carmel in virtual MLK Day celebration

### The REPORTER

Carmel's annual Dr. Martin Luther King, Jr. Celebration will be held virtually from the stage of the Palladium at the Center for the Performing Arts this year. The celebration will be at 6 p.m. on Monday, Jan. 18.

Join Mayor Jim Brainard and Dee Thornton of the Mayor's Advisory Commission on Human Relations as they celebrate the life and impact of American civil rights leader Dr. Martin Luther King, Jr.

The event will include performances by KJI Institute for the Arts, Blair Clark and his daughter Erica Thompson, Actors Theatre of Indiana, Representatives from the Carmel Interfaith Alliance and the United Negro College Fund.

The celebration will broadcast on the [Carmel city website](http://Carmel city website), the city's [Facebook page](https://Facebook.com/CarmelCity) and [YouTube channel](https://YouTube.com/CarmelCity), as well as on television: AT&T Ch. 99, Digital TV Ch. 64.45, Metronet Ch. 33 and Spectrum Cable Ch. 340.

## Health officials urge people who are unable to get COVID vaccine appointment to check other counties

By DEMIE JOHNSON  
WISH-TV | [wishtv.com](http://wishtv.com)

Health officials in some areas are encouraging people who can't check nearby counties for vaccine appointments. As the state allows more groups to get vaccinated, some counties are running into scheduling issues.

Christian Walker, Hamilton County emergency preparedness coordinator, said Thursday he understands the frustration but is hopeful the scheduling issues will only be temporary.

"We're not holding anything back at any of the hospitals, we're dispensing what we get and are creating the appointments accordingly," Walker said.

Several people have contacted the Reporter with scheduling concerns. They expressed frustration with the inability to schedule an appointment in Hamil-

ton County, and 90-minute wait times when calling state's 211 helpline.

Walker hopes only those who really need it will seek other counties for appointments and reminds people it's an option that should only be used as a last resort.

"If I send everybody down to Marion County, there's people in Marion County that are now not able to get vaccinated," Walker said.

On Wednesday during Indiana's weekly coronavirus update, state leaders said on they are working to help clear up some of the scheduling issues. One way is by eventually allowing people in the same household to sign up for their vaccination together. Right now, only



Walker

one person can do it at a time.

Dr. Lindsay Weaver said eventually some of those problems will work themselves out as the state receives more doses.

"The demand for vaccine is incredibly high, please do not get discouraged if the location you're looking at has limited availability today," Weaver said. "We are working every day to expand capacity."

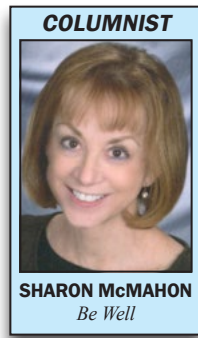
Health officials also announced 37 more health clinics will open as vaccination sites across the state next week. Both President Trump and President-elect Biden have told state health departments to not hold back in vaccinating. They have promised production will speed up in the coming days.

## Tips for turning 'just a diet' into healthier lifestyle choices

"Our bodies are our gardens – our wills are our gardeners." – William Shakespeare

Have you had enough of winter yet? (We have definitely all had enough of 2020, and '21 is getting off to a rough start!)

This is the time of year when we yearn for the "green" here in Indiana! I am pleased to say that gardening seems to be gaining popularity and indulging in local, fresh produce is both encouraged and enjoyed. However, today's column is not directly referring to gardening. (Believe me, you don't want gardening or seamstress tips from me!) Instead, I will discuss the analogy above from Mr. Shakespeare. A garden will only flourish when it is tended, fertilized properly, watered, weeded, and cared for – if our bodies are our



COLUMNIST

SHARON McMAHON  
Be Well

gardens, how is your will doing as a gardener?

If there is one thing I would ask that you take away from today's column, it is this: The word "diet" is a noun, not a verb! We tend to think of "dieting" (verb) as opposed to a healthy, nutritious diet (noun) or food plan.

Another problem with the word "diet" is that the word is closely associated in our minds with "deprivation." We humans do not like to be deprived! When you omit something from your food plan, introduce a food item to take its place. A great place to start is the grocery store. Unless you are providing potato chips for the annual family reunion, skip that aisle but be sure to pick up a lovely red pepper in the produce aisle and a small container of hummus to enjoy as

a snack. One suggestion is to also purchase small portion cups and divide your hummus into those so that you monitor your snack portions.

Now, let me also be clear – we all need to indulge in our "comfort food" occasionally! Thanksgiving, you bet! Some cheese ball, cookies and fudge at Christmas, oh my, yes! Super Bowl goodies, of course! Keep in mind that these are specific occasions, not our everyday cuisine.

Dr. Brian Wansink, director of the Food and Brand Lab at Cornell University, in his book, *Slim by Design: Mindless Eating Decisions*, recommends changing your eating environment.

According to Dr. Wansink, a primary predictor of healthy or unhealthy weight is what food is out on the counter in the kitchen. People who keep chips or cookies on the counter, even a



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FIRST FARMERS BANK & TRUST

CHOICES

from Page 1

single cookie, weigh an average of 10 pounds more than their neighbors who don't. When the cookies are in sight, you must repeatedly make a decision about eating them. You might resist 25 times, consider it on the 26th, and give in on the 27th.

Cereal is even more enticing, according to Wansink, because we perceive it as healthier. If cereal is on the counter, you're likely to weigh 20 pounds more than average, he indicates. Keep those chips and snacks, if they are in your house, behind closed doors and preferably on a high shelf!

Is ice cream your thing? If so, try a fruit/veggie smoothie in your blender or food processor – here is one I especially like: Fresh kale, chopped + fresh chilled pineapple chunks + a good quality protein powder + crushed ice + unsweetened almond milk. Blend all in your blender until smooth and enjoy! Experiment to taste; start with small amounts of kale if you need to do so and increase proportionately. You can also substitute frozen bananas or berries for the pineapple.

If you are one who likes to keep some yummy items on your kitchen counter, try a container of varieties of green tea; there are many delicious flavors from which to choose. You will enjoy a filling and tasty beverage and at the same time benefit your immune system – a win-win situation.

I will caution you to be wary of shelf-stable and processed foods. Many canned food items are fine to add occasionally to your meals, but be aware of the sodium content. Boxed "meals" in particular are usually very high in carbohydrates. While today's busy schedules sometimes call for quick family meals, this is one which should not be included on a frequent basis, although many of us have found more time during this pandemic to dig out those accumulated recipes!

One of my favorite "quick" meals consists of the following veggies which can simply be stirred into olive oil (using a wok is fine, but not necessary) over a low heat: Brussel sprouts (microwave briefly as they are very dense) along with sliced bell peppers, mushrooms, several cloves of garlic (great for your immunity) some sliced potatoes, and one or more of green beans/snow peas/asparagus – whatever you like best. Combine all in a large frying pan (or wok) when the oil is ready. Stir for several minutes. For added flavor, some low-sodium soy sauce and curry could be added. You may have noticed that I have not included a meat item here, but you certainly could. Perhaps chicken breast (cook thoroughly before adding to your veggies) or salmon would be a delicious addition. You might wish to add some rice as a side dish, although I would suggest brown rice instead of white rice.

You may wonder why I am not mentioning "fast food" and, frankly, I do not have enough space in my column this week to do so! Those menu items should be rarely included in one's eating plan, although there are a few suggestions which can be incorporated on a limited basis – more about that in a future column.

While endless commercials, ads and apps would endeavor to convince you that their "proven methods" work for your healthy weight-loss goals (there is a reason that the "diet industry" is a multi-billion-dollar industry!) remember that each one of us is different and we need to find the approach that works best for our personality, schedules, family life and lifestyle. The changes you make in your eating habits should be changes that you plan to incorporate for a lifetime.

A nutrition coach can help you find your best plan to begin and sustain a healthier eating environment and life-long positive changes. There is no one "diet" or identical plan for everyone. You will be surprised how reduction in your consumption of dairy, sugar, salt, flour, rice, "diet" sodas (that's an oxymoron if I ever heard one!) and other simple carbohydrates can make a difference.

The addition of good protein sources and complex carbohydrates will leave you more satisfied with the way you feel and your appearance – not to mention better health, better sleep, and more energy!

Indiana is known to many as the "Basketball State" and we Hoosiers are definitely proud of that fact! However, Indiana has also been designated eighth in the "top 10 least healthy states" and "41st out of all 50 states in overall health" according to [Indianapublichealth.org](http://Indianapublichealth.org). Those are statistics that can, and should, change – and we are all part of that change. Let's work together to reduce Hoosiers' obesity rate, which is largely responsible for diabetes, heart problems, and many other health issues. We can do this!

**Sharon McMahon, CNWC**  
[FlexAbility4u@aol.com](mailto:FlexAbility4u@aol.com)

*The opinions expressed in this article are not intended to replace advice of your personal physician or licensed health professional. Please consult your physician for any issues you may have related to nutrition or fitness activity.*

**PREVAIL**  
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[www.prevailinc.com](http://www.prevailinc.com)

I was born and raised right here in Noblesville. I grew up in a home without domestic violence or assault – it wasn't something I saw, or even heard about. But when I was introduced to Prevail of Central Indiana, I was shocked by the number of individuals who are affected by domestic violence. In 2018 alone, Prevail helped more than 4,000 clients in Hamilton County. (Nearly 80 percent of clients are women and children.) Domestic violence and abuse are hard topics to discuss, so you don't often hear about them. But at Tom Wood Volkswagen in Noblesville, we're breaking the taboo and raising awareness for Prevail, an organization that helps families in Hamilton County.

– Mike Bragg, GM of Tom Wood Volkswagen in Noblesville

To help Hamilton County families affected by domestic violence and sexual abuse, you can donate the following items:

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### Meeting Notices

The Carmel Redevelopment Commission will hold a virtual meeting at 6:30 p.m. on Wednesday, Jan. 20, 2021. The meeting will be broadcast live on the Carmel city website and on local access television.

The Hamilton County Board of Zoning Appeals – North District will meet at 7 p.m. on Wednesday, Jan. 27, 2021, in the Council Chamber/Commissioners’ Courtroom on the first floor of the Hamilton County Government and Judicial Center, 1 Hamilton County Square, Noblesville.

The Noblesville Tree Board will meet at 5 p.m. on Monday, Feb. 1, 2021, in room A213 at Noblesville City Hall, 16 S. 10th St., Noblesville. Those wishing to listen to the meeting may call (469) 998-6201 and enter conference ID 632 594 991# when prompted.

The Noblesville Firefighter Merit Commission meeting scheduled for Wednesday, Jan. 20, 2021, has been canceled.

The Noblesville Schools Board of Trustees will meet in an executive session at 8 a.m. on Friday, Jan. 22, 2021, in the Noblesville Educational Services Center Board Room, 18025 River Road, Noblesville. The purposes of the meeting are: For discussion of the assessment, design, and implementation of school safety measures, plans, and systems; and to train school board members with an outside consultant and the performance of the role of the members as public officials.

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## Hello, Hamilton County

### With Mr. Weatherman, Paul Poteet



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# HOPE Family Care Center expanding counseling services

**The REPORTER**  
HOPE Family Care Center is enlarging its counseling footprint at its free clinic at 270 W. Jackson St. in Cicero. HOPE now has three certified counselors ready to serve the community during this trying time. To take advantage of this free service, please (317)

984-3444 to learn more and to schedule an appointment. You can also visit [HopeFamilyCareCenter.org](http://HopeFamilyCareCenter.org). Types of problems addressed through counseling include: Fear, anxiety and depression; stress management; loneliness; post-traumatic stress disorders; grieving and loss; drug and

alcohol dependency; marital and family difficulties; interpersonal communication; pre-marital counseling; career exploration; study skills; anger management; parenting skills; self-esteem issues; self-abuse; guilt; forgiveness (self and others); divorce recovery; and sexual abuse.

**About HOPE Family Care Center**  
HOPE Family Care Center in Cicero – a free, not-for-profit health and dental clinic – addresses a range of needs for uninsured and medically under-served area residents. HOPE’s goal is helping people deal with health-related issues of many kinds.

# Gov. Holcomb: Indiana prepared for protest; 600+ guardsmen sent to D.C.

**By JESS VERMEULEN**  
*WISH-TV | [wishtv.com](http://wishtv.com)*  
States across the country are increasing security efforts after the FBI warned “armed protests” were being planned at state capitols. The protests are being planned from today through Inauguration Day next Wednesday, according to

the FBI. Governor Eric Holcomb says the state will be prepared to do whatever needs to be done to maintain law and order leading up to the inauguration. Although the governor wouldn’t give details on the plan, he did say the state will be ready



Holcomb

to ensure a peaceful expression of opinion. “Fortunately, a lot of the intelligence we have received has to do with other places as well, but we haven’t had some of the same election issues that have been called into question from this past No-

vember here in the state of Indiana,” Holcomb said. “But having said that, we will have a presence that’s appropriate to the situation.” The governor also said he authorized 625 Indiana National guard members to go to Washington, D.C., through Jan. 22 to help keep the peace there. Those troops were requested by the federal government.

## Hamilton County Reporter



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# Fishers Arts Council presents Hugh Syme in three exhibits

*Legendary artist and recent Inductee into the Album Cover Hall of Fame to have works on display*

## The REPORTER

The Fishers Arts Council will present three exhibits by noted JUNO Award winning artist Hugh Syme in January, February and March on the second level of The Art Gallery at Fishers City Hall.

Syme is a painter, illustrator and graphic artist. Drawing and painting began at an early age, but his formal education came from the New School of Art in Toronto and York University in York, England. He has studios in both Toronto and Indiana.

He may be best known for his artwork and cover concepts for many rock and contemporary artists and has created some of the most memorable album covers in music history. He is also an accomplished musician and has appeared on albums by Rush, Tiles, Jim McCarty (of The Yardbirds) and was a member of the Ian Thomas Band for several years.

He also created Rush's iconic Starman logo: "Though we never imagined the band would adopt it as their key brand for decades to come, nor that

it would become so internationally recognizable."

In 2015, Syme published his 276-page signed and numbered tome, dedicated to his three daughters ("my three suns") and celebrated 40 years as art director for the band Rush ("Art Of Rush / Serving A Life Sentence").

Apart from producing his own ever-evolving personal body of work over the years, Syme is probably best known as the man responsible for Rush's album cover art, which began in 1975 with *Caress of Steel*. He has designed and created artwork for hundreds of musicians including Bon Jovi, Aerosmith, Def Leppard, Scorpions, Celine Dion, Meatloaf, Megadeth, Iron Maiden, Styx, Warrant, Jimmy Paige, Asia, KISS, The Band, Chick Corea, Indiana's own Carrie Newcomer and Krista Detor, along with many more.

He is as versatile as his art, having designed and created the graphics for Steve Binder's *Elvis '68*



Syme

*Comeback Special* book and all ancillary elements. He has designed Meteor 17 and Fathom Events ventures with Diana Ross, Elvis Presley, Jimi Hendrix. The Acoustic Experience, along with multiple film, television and book enterprises. He designed covers for all of Neil Peart's books – currently completing what will be Neil's only posthumous publication, *Sports Cars of the 60's*. He has recently finished illustrating and designing Graham Nash's new book, *Our House*.

In addition, Syme has worked on advertising campaigns for Accenture, Denon, Xerox, AT&T, The David Geffen Company, *The Washington Post*, Virgin, Bausch & Lomb, Universal Studios, Miramax, Forbes, Panasonic, Paramount, MGM Grand, Microsoft, Sony, Alpine Audio, Disney, Time Warner, Eli Lilly, Pfizer, Samuel Adams Beer, and numerous international advertising agencies. He has also contributed his

vision and artist style to a wide range of video game and DVD/Blu-ray packaging designs.

His January exhibit in Fishers, "The World at Large," will feature 13 prints while the February exhibit, "Music and Cover Art," will feature another 13 prints. In March, the exhibit will conclude with "Music Art of RUSH" with 25 prints exhibited. If COVID protocols allow, there will be a live reception with Syme from 6 to 8 p.m. on March 19 at the gallery.

Syme now lives in New Castle, where he is in the process of building a new house. His three daughters live close by. He is also a co-host of Music Buzz Podcast, [musicbuzzpodcast.com](http://musicbuzzpodcast.com), part of Pantheon Podcasts – the podcast network for music lovers.

The Art Gallery at City Hall, located at 1 Municipal Drive, is open daily from 8:30 a.m. to 4:30 p.m. Monday through Friday, excluding holidays and Saturdays during Fishers Summer Farmers Market.

For more information, visit [fishersartscouncil.org](http://fishersartscouncil.org).

# From pandemic to dynamic: Synergize kicks off 2021 with new year resolution

## By DENISE MOE

For the Reporter

The Carmel-based movement Synergize, like many, is starting 2021 with a resolution: Make fitness a priority.

However, they're not hitting the gym. Instead, they're partnering with a Carmel nonprofit, Roundabout Fitness. Synergize will support the organization at its first 4:30 Meetup of the year.

In 2020, Synergize raised over \$35,000 for local nonprofit organizations. As part of the Ripples of Impact (ROI) initiative for 2021, they plan to raise \$60,000.

"I always say that businesses should exist to build friendships between people and create a positive difference in the world," explained Synergize Founder Arron Stanton. "When I look at Samantha and the impacts Roundabout Fitness is making in people's lives, there's no better example for me to point to."

Roundabout Fitness was founded in March 2020 by Samantha LaMar, a member of Synergize. At the beginning of the pandemic, she decided to create a fitness challenge on Facebook for those quarantining at home.

"It was an alternative to all the binge-watching TV that people were doing while on lockdown," LaMar, a personal trainer, explained.

At first, her challenges were fitness-centered. But LaMar soon noticed that she could serve her viewers in other ways, too.

"I saw a need to help with the stress and depression that came out of the shutdown," she said.

She asked a psychiatrist and local professionals in the fitness industry to answer questions on Facebook about ways her viewers could stay both physically and mentally healthy.

"It seemed like a great way to help the community and small businesses," LaMar, a Carmel resident, explained.

LaMar also wanted to help her clients achieve fi-

nancial health.

"I've experienced the stress of managing money. There's freedom in having control of your finances," she said.

She combined the three in Roundabout Fitness. The organization offers clients the opportunity to build skills with local physical, financial, and mental health professionals. The organization also provides monthly workshops, weekly support groups, and community challenges.

Throughout a year of difficult personal losses for LaMar, she has found strength in Synergize. Members of the group, who make up most of her advisory board, have encouraged her growth.

"They are some of the best friends and supporters I have ever had, and I wouldn't have known them without having met them through Synergize," she said.

As a business that builds relationships to make an impact, Synergize became exactly what LaMar needed through 2020.

"God used the Synergize family to keep me from going completely under," she admitted. "The relationships built through Synergize kept me busy and focused so I could accomplish what God placed in my heart to do."

## About Roundabout Fitness

Roundabout Fitness is here to help you get control over your life no matter where you are, without judgement. The people of Roundabout Fitness will do all they can to supply you with real resources to get you where you want and need to be physically, financially and mentally. Contact the staff at [roundaboutfitness.net](http://roundaboutfitness.net) or call (317) 809-0515.

## About Synergize

Synergize brings together professionals who would rather build friendships and change the world than sling business cards and try to close deals. Their members rally around a monthly cause at 4:30 Meetup events. Learn more at [synergizeindy.com/about](http://synergizeindy.com/about).

# Hoosier doctors unite to form Indiana Physician Coalition

## The REPORTER

An alliance of Indiana physician organizations has come together to advocate for Hoosier patients. Known as the Indiana Physician Coalition, its members include many of the largest medical associations and specialty societies in the state and represent the vast majority of nearly 17,000 practicing physicians and 2,000 medical students in Indiana.

Its mission is to educate lawmakers and the public about how physician-led care protects patients from harm, increases access to quality care and helps control health care spending.

"Health care teams require leadership, just as teams do in sports," said Roberto Darroca, MD, president of the Indiana State Medical Association, a member of the coalition. "Physicians bring to the

team the highest level of training and preparation, which we use to guide other members of the team to provide the highest quality of care possible for patients."

## Why qualifications matter

A new physician, either a Doctor of Medicine (MD) or Doctor of Osteopathic Medicine (DO), accumulates up to 16,000 clinical hours by the time they complete their training. It takes seven to 12 years of preparation for practice, including four years of medical school and three to eight years of residency and fellowship training in a medical or surgical specialty.

Still, patients are often confused by the various titles of medical professions. In an independent survey of Indiana residents, the coalition found that one out of

every four Hoosiers were not confident that the provider who had seen them over the past few years was a physician, rather than an advanced practitioner.

Examples of advanced practitioners that may work alongside a physician include a nurse anesthetist (CRNA), nurse practitioner (APRN), nurse midwife, optometrist, pharmacist, physician assistant, podiatrist or psychologist.

"Some may think they are receiving care from a physician when, in reality, they are being treated by an advanced practitioner who is not a licensed physician," said Seung Sim, MD, immediate past president of the Indiana Society of Anesthesiologists. "Every Hoosier deserves to have physician-led care. Quality

matters!"

What gets even more confusing is when such practitioners introduce themselves as "doctors," even though they did not attend medical school. For example, a nurse practitioner who obtains a doctorate degree.

"There is no doubt that all of our colleagues play a vital role in the health care workforce, each according to their training," said Lauren Stanley, MD, president of Indiana's chapter of the American College of Emergency Physicians. "I work closely with APRNs every day and rely on them to help care for my patients in the emergency department. However, a physician-led care team model is still vital for high-quality patient care, given the skills and

See Physicians . . . Page 6

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TODAY'S BIBLE READING

*Do you not know, brothers and sisters—for I am speaking to those who know the law—that the law has authority over someone only as long as that person lives? For example, by law a married woman is bound to her husband as long as he is alive, but if her husband dies, she is released from the law that binds her to him. So then, if she has sexual relations with another man while her husband is still alive, she is called an adulteress. But if her husband dies, she is released from that law and is not an adulteress if she marries another man. So, my brothers and sisters, you also died to the law through the body of Christ, that you might belong to another, to him who was raised from the dead, in order that we might bear fruit for God. For when we were in the realm of the flesh, the sinful passions aroused by the law were at work in us, so that we bore fruit for death. But now, by dying to what once bound us, we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code.*

Romans 7:1-6 (NIV)

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MEETING NOTICE

Pursuant to IC 5-14-1.5-5 (a) The Hamilton County Board of Commissioners will meet virtually on Monday, January 18, 2021 at 9:00 a.m. to discuss the extension of the Local Emergency Proclamation and other county business as required. To access this meeting dial 1-219-225-8177 Conference ID 6000813589#  
/s/ Robin M. Mills  
Hamilton County Auditor  
RL4081

1/16/21

Jack Jones

October 11, 1946 – January 13, 2021



Jack Jones, 74, Noblesville, passed away on Wednesday, January 13, 2021 at St. Vincent Hospital in Indianapolis. He was born on October 11, 1946 to Hollie and Orabell (Cowan) Jones in Saint Charles, Va.  
Jack proudly served his country in the National Guard. For 23 years, he worked in maintenance for RCA in Indianapolis. Jack attended Victory Baptist Church and loved to golf, fish and play music. He loved animals, especially his dog, Abby. Jack was known for being a jokester, but he had a big heart.  
He is survived by his daughter, Michelle Jones; sisters, Marie and Ginger Sue; three grandchildren, Heather, Christine and Charlie; and five great-grandchildren, Kaydace, Akina, Zander, Xavier and Hunter.  
In addition to his parents, Jack was preceded in death by his wife, Vickie Jones; and sister, Georgia Mae.  
Burial will be at Crownland Cemetery in Noblesville at a later date.  
Condolences: [randallroberts.com](http://randallroberts.com)

Lorretta T. Baude

March 9, 1928 – January 12, 2021



Lorretta T. Baude, 92, Fishers, passed away on Tuesday, January 12, 2021 at Miller's Senior Living Community in Indianapolis. She was born on March 9, 1928 to Willard "Bill" and Loretta Kill in Chicago, Ill.  
Loretta was born and raised in Chicago and then lived in Paris, Ill. She loved her job in real estate and enjoyed swimming and golfing. Most of all, Loretta loved spending time with her family.  
She is survived by her sons, Frank (Sennis) Hull and Tom (Susan) Hull; six grandchildren; 15 great-grandchildren; seven great-great-grandchildren; and one great-great-great-grandchild.  
In addition to her parents, Loretta was preceded in death by her husband, Walter Baude; brother, Willard Kill Jr.; and one grandchild, Ronald.  
Mass of Christian Burial will be held 4 p.m. on Thursday, January 21, 2021 at Holy Spirit Parish at Geist Catholic Church, 10350 Glaser Way, Fishers, with visitation from 1 p.m. to the time of service at the church. Rev. Dan Gartland will officiate. Burial will be at Edgar Cemetery in Paris, Ill., at noon CST on Friday, January 22, 2021.  
Condolences: [randallroberts.com](http://randallroberts.com)

PHYSICIANS

from Page 5

experience of a physician. We're not interchangeable."

Hoosiers trust Indiana physicians

In its statewide survey, the coalition also found that patients in Indiana prefer their health care is led by a physician. More than three out of four Hoosiers over the age of 40 feel that physicians should have primary responsibility for leading and coordinating their health care.  
Other findings include:

• 83 percent of Hoosiers believe physicians and nurse practitioners need to work in a coordinated manner to ensure that patients get the care they need.

• 76 percent of Hoosiers believe in the event of a medical complication or emergency, a physician's education and training are necessary to ensure patient safety.

• 73 percent of Hoosiers believe nurse practitioners treating patients with one or more chronic diseases should be overseen by physicians.

"At the end of the day, the quality of your health care really depends on the qualifications of the professional leading your medical team," added Dr. Stanley. "That's why Hoosiers want to know that the person re-

sponsible for their health care has the necessary education and training to help them make the best decisions."

Anyone interested in learning more can visit [INphysicians.org](http://INphysicians.org).


The health care groups that are represented in the Indiana Physician Coalition include the Indiana Academy of Dermatology, Indiana Academy of Family Physicians, Indiana Academy of Ophthalmology, Indiana Chapter of the American College of Emergency Physicians, Indiana Chapter of the American College of Surgeons, Indiana Orthopaedic Society, Indiana Osteopathic Association, Indiana Psychiatric Society, Indiana Radiological Society, Indiana Society of Anesthesiologists and Indiana

State Medical Association.

Note: The quantitative survey was administered online in Sept. 2020 to Indiana residents at least 18 years of age. A total of 400 surveys were completed, yielding a margin of error of +/- 5 percent. Data was weighted to ensure accurate representation of the voting population of Indiana.

About Indiana Physician Coalition

Indiana Physician Coalition is a statewide alliance of medical associations and specialty societies that advocates for physician-led health care that protects patients from harm, increases access to quality care and controls health care spending. For more information, visit [INphysicians.org](http://INphysicians.org) and follow along on [Twitter](https://twitter.com/INphysicians) and [Facebook](https://www.facebook.com/INphysicians).



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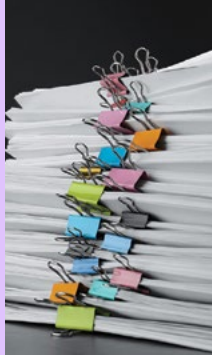
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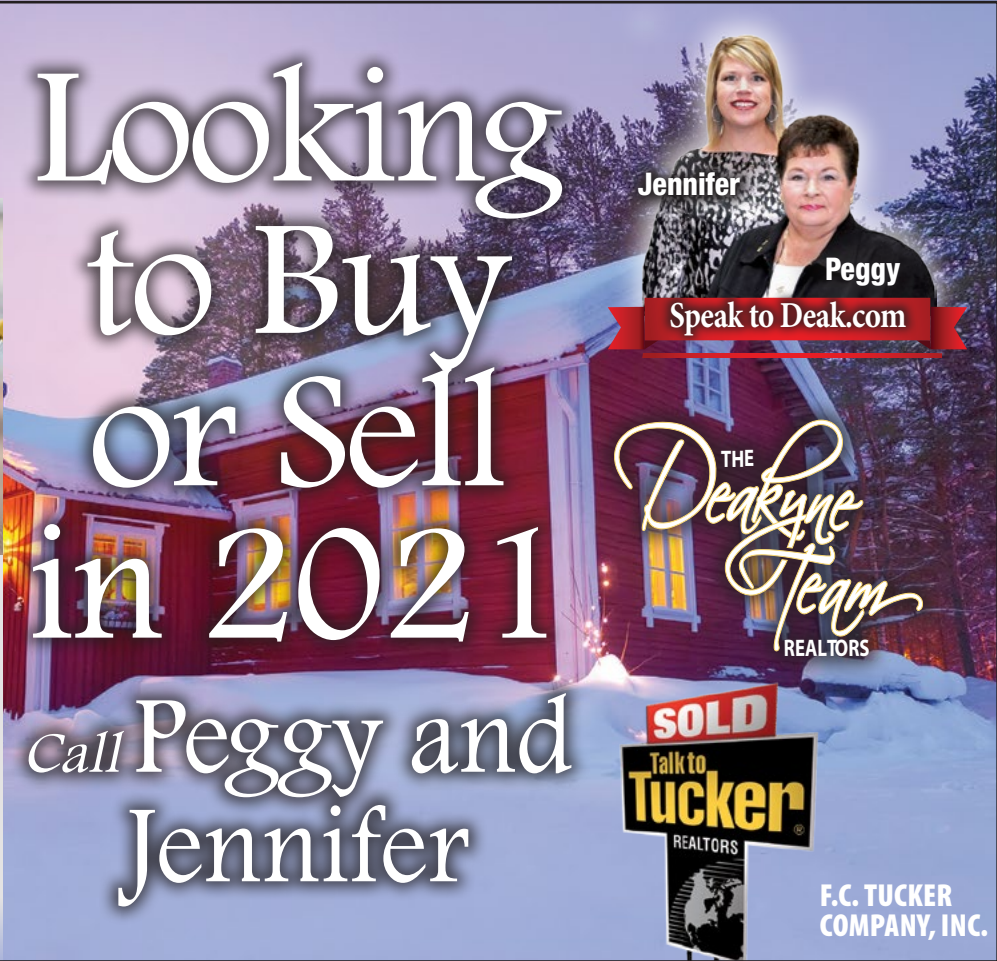
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# Hamilton County Sports

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## Hamilton Heights hosts IHSGW State Finals

By RICHIE HALL

ARCADIA - The best girls wrestlers in the state traveled up to Hamilton Heights on Friday, as the school hosted the Indiana High School Girls Wrestling state finals.

The 112 wrestlers, divided among 14 weight classes, included seven from Hamilton County. Carmel and the host Huskies both had three wrestlers competing for their respective schools, while Noblesville freshman Kyra Tomlinson made history by being the first Millers girls wrestler to compete at state in the event's five-year history.

This is the third time that Heights has hosted the girls state finals.

"I think it's going great," said Huskies coach Gary Myers. "The girls are getting better every year. They're getting after it, they're training hard. The coaches are finally helping them. And to have this back at Heights is really an honor for us."

Of the three county schools, Carmel finished the highest by taking 10th. The Greyhounds scored 30 points, with two wrestlers placing in the top four.

Senior Haley Mattingly finished in third place at 120 pounds. Mattingly won her first match with a second-period pin over Rochester's Jadyn Geller, but lost to Delta's Anna Krejsa in the semi-finals by an 11-4 decision. Mattingly rebounded to win the third-place bout, in a 16-4 major decision over Frankfort's Emma Pillion.

Freshman Tay Coatie took fourth place at 126 pounds. Coatie advanced to the semi-finals with a pin of La Porte's Taylor Higley in the first period of her first match. In the semi-finals, Coatie lost an overtime decision to Penn's Heidi Selis, then lost to Jay County's Lita Chowning in the third-place match with a second-period fall.

Senior Roni Ledzema placed eighth at 98 pounds. Ledzema dropped her first match by fall to Crown Point's Alexie Westfall, lost to Cowan's Cricket Morey in a 15-0 technical fall, then fell to Frankfort's Eryka Pillion by an 11-0 major decision.

"We tell all of our seniors, when you're gone, there's a footprint of what you've



Reporter photos by Richie Hall

**Carmel's Haley Mattingly finished third at 120 pounds for the Greyhounds at the Indiana High School Girls Wrestling state finals, which took place Friday at Hamilton Heights. Mattingly was one of three Carmel wrestlers, helping the Greyhounds to a 10th-place finish as a team.**

left inside of the program," said Carmel coach Ed Pendoski. "And as our girls program is starting to grow and build some traction, what those two have done is going to be seen in girls wrestling in Carmel for a very long time."

Heights finished with nine points, placing it 50th as a team. All three Huskies wrestlers that competed are juniors, starting with 132-pounder Jayla Logan. She finished sixth in that division.

Logan dropped her first match to Lowell's Nadine Summers by a second-period fall, but rebounded to beat Terre Haute South's Paisley Sanquetti in a 10-6 decision. In the fifth-place match, Logan was pinned by Columbia City's Lauren Platt in the second period.

Semera Henson finished seventh for Heights at 113 pounds. Henson fell to West Lafayette's Rose Kaplan in the first round by a 14-2 major decision, then lost to Twin Lakes' Ella McNulty by fall in

the semi-finals. But Henson went out with a victory, getting a first-period pin over North Miami's Aubrey Burns in the seventh-place match.

Reagan Ward placed eighth at 250 pounds. Ward lost to Fort Wayne Wayne's Felicity Stockman by pin in the first round, and to Attica's Rachel Smith by pin in the semi-finals. Ward injury defaulted the seventh-place match to Decatur Central's Lizeth Williams.

Tomlinson wrestled at 132 pounds, where she finished third. The freshman beat Platt in the first round with a second-period pin, but lost in the semi-finals

to Penn's Grace Selis by fall. Tomlinson rebounded to beat Eastbrook's Abigail Turner, getting a fall in the first period.

Tomlinson accounted for all of Noblesville's 15 points, which tied the school for 32nd in the team standings.

"I was really excited, also nervous, but people say that means I care," said Tomlinson. "I just want to take it one match at a time and keep pushing. I mean, just super-excited to be here, to be honest."

Lebanon won the team trophy, scoring 79 points. Penn was the runner-up with 71.5 points.



**ABOVE: Noblesville's Kyra Tomlinson talks with Millers coach Michael Weimer in between matches at the Girls Wrestling State Finals. Tomlinson, the first ever Noblesville girl to qualify for state, finished third at 132 pounds.**

**RIGHT: Hamilton Heights' Semera Henson finished seventh at 113 pounds. Henson was one of three Huskies wrestlers at the state meet.**



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Basketball doubleheader . . .

Westfield scores sweep of Southeastern

Friday night will go down as one of the best nights for Westfield basketball in a while.

The Shamrocks girls and boys teams played a Hoosier Crossroads Conference doubleheader at Hamilton Southeastern, and returned home with a sweep. The Westfield girls held off the Class 4A No. 7 Royals 38-37; it was the first win for the 'Rocks over Southeastern in exactly five years.

Westfield's boys, ranked No. 7 in 4A, then got out to a fast start and eventually won their game 77-68. It was the Shamrocks' first victory over Southeastern in three years, and the first time in decades that Westfield won on the Royals' court.

GAME OF SWINGS

Westfield girls coach Ginny Smith accurately called the girls' contest a "game of swings." The first quarter belonged to HSE, which went up 14-10 by the end of the period. The Royals' Ryan Viele had a hot quarter, hitting three 3-pointers.

It was the Shamrocks' turn in the second period, as they outscored Southeastern 15-5 to lead 25-19 at the halftime break.

Olivia Robey had seven points for Westfield, while Alyssa Crockett added five points. Crockett scored seven in the first quarter as well.

The Royals took the lead back in the second half, moving ahead 32-30 by the end of the third quarter. Riley Makalusky scored six points and Viele hit another 3.

"HSE's just so good," said Smith. "They don't make many mistakes. They really execute well offensively."

Southeastern was still in front late in the fourth, but a basket by Crockett got Westfield ahead by one. The 'Rocks were able to hang on from there.

"We were really patient offensively," said Smith. "It was probably about a minute-long possession, and we ended up getting a bucket which put us up one. It was a huge bucket for us, a little bit of a shift that occurred."

Crockett scored 19 points, collected eight rebounds and had two blocked shots. Robey added 12 points and made four steals. Gigi Eldredge pulled six rebounds.

"We knew it would come down to at least a possession or two," said Smith. "We feel fortunate. Anytime you can win on the road, it's good. But when you can beat HSE, it's an accomplishment."

Viele finished the game with 14 points, including four 3-pointers. Makalusky and Makayla Hinshaw both had nine points. Olivia Brown dished out five assists and made four steals; Hinshaw, Brown and Lauren Stewart all collected three rebounds.

Westfield is now 5-1 in HCC play and 15-4 overall. The Shamrocks finish up conference play Thursday with a game at Fishers.

The Royals are 1-2 in the conference and 9-4 overall. Southeastern plays at Franklin Central Wednesday in another HCC contest.

FAST START

Westfield's boys set the tone early, scoring the first six points of the game and eventually taking a 17-7 lead in the first quarter. Braden Smith started the game hot for the Shamrocks, hitting three 3-pointers.

"We were able to get a lead, got off to a nice start," said Westfield coach Shane Sumpter.

Southeastern worked its way back into the game during the last couple minutes of the quarter. The Royals finished the period on an 8-0 run, getting within 17-15 by the end of the quarter. John McCall scored the final six points of the period.

Early in the second quarter, Southeastern tied the game at 19-19 after back-to-back baskets by Mohammed Awad. Matthew Penley put the 'Rocks back in front with a layin, but HSE's Dalton Retzner answered that with his own layin, and the game was tied again, at 21-21.

Westfield then took off on a 7-0 run and held the lead from that point forward. Smith scored on a layin, and Nic Depasquale threw in a 3-pointer, then made a layin to get the Shamrocks ahead 28-21. Later, Cam Haffner added five points, including a triple, to put Westfield up 33-23.

From there, the Shamrocks generally held a lead of anywhere between five and 13 points. Westfield led 40-30 at halftime, and a three-point play by Smith got the 'Rocks ahead 45-32 early in the third.

Westfield held another 13-point advantage at 52-39 before Southeastern made a 9-0 run. Vinny Buccilla nailed a 3, Awad made a putback, and McCall added two layins.

Isaac Bowman then threw in a triple to get HSE within 54-51. But Kai Butterworth answered that with his own 3-pointer, and the 'Rocks finished the quarter up 57-51.

"Kai came in and had a big game," said Sumpter. "That's probably his best game, best minutes that he's given us this



Photo by Joshua Herd

Westfield's Benji Welch (left) drives down the court while being guarded by Hamilton Southeastern's Mohammed Awad during the Shamrocks-Royals game Friday at Southeastern. Westfield won 77-68.

year."

Westfield was able to stay a step ahead throughout the fourth. The Royals did make one last run, as McCall and Retzner had back-to-back putbacks to get Southeastern within 73-68 with under a minute to go.

But the Shamrocks held on, thanks to free throws from Benji Welch and Penley. Both seniors went 2-for-2 in the final minute of play, foul shots that Sumpter called "crucial" and used as an example of senior leadership.

"What about some big free throws from our two seniors down the stretch," said Sumpter.

Smith finished the game with 25 points, including three 3s, and also had seven assists and four steals. Depasquale totaled 15 points. Haffner collected eight rebounds and Welch pulled five.

"Proud of our guys, proud of their effort. We had to hang on and fight, scratch and claw all the way to the end," said Sumpter.

McCall scored 20 points for the Royals, with Retzner adding 19 and Buccilla contributing 11, also making three 3s. McCall had seven rebounds, followed by Retzner with six. Awad and Alex Totton both had five rebounds. Jason Stutz dished out seven assists and Buccilla handed out six.

"We had to keep fighting back, keep fighting back," said Southeastern coach Brian Satterfield. "That's the type of team that takes care of the basketball. Tonight, they knock down the free throws. Anytime you're doing that with a team like that, it's always tough. We kept having some opportunities, but they kept getting key plays to nullify what we were trying to do in terms of trying to make that run."

Westfield leads the conference now with a 3-0 record and is 9-1 overall. The Shamrocks return home next Friday to host Brownsburg in another HCC game.

The Royals are 2-1 in conference play and 4-5 overall. Southeastern plays at Anderson tonight.

Hailey Remaks	0-1	0-0	0	0
Emmrey Collinsworth	1-2	0-0	3	0
Alli McEvoy	0-0	0-0	0	0
Totals	11-31	12-17	38	10

Westfield 3-point shooting (4-11) Crockett 2-6, Collinsworth 1-2, Robey 1-1, Tebbe 0-1, Castor 0-1.

Westfield rebounds (25) Crockett 8, Eldredge 6, Robey 4, Tebbe 2, Remaks 2, team 3.

Southeastern	FG	FT	TP	PF
Makayla Hinshaw	4-9	1-2	9	2
Riley Makalusky	3-5	3-4	9	2
Olivia Brown	1-3	3-4	5	1
Ryan Viele	5-10	0-0	14	3
Lauren Stewart	0-3	0-0	0	3
Jocelyn Davis	0-0	0-0	0	0
Teegan Acres	0-3	0-0	0	1
Caleigh Scott	0-0	0-0	0	0
Totals	13-33	7-10	37	12

Southeastern 3-point shooting (4-10) Viele 4-5, Acres 0-2, Stewart 0-2, Hinshaw 0-1. Southeastern rebounds (10) Hinshaw 3, Brown 3, Stewart 3, Acres 1.

Score by Quarters					
Westfield	10	15	5	8	38
Southeastern	14	5	13	5	37

BOYS GAME

WESTFIELD 77,

HAMILTON SOUTHEASTERN 68

Westfield	FG	FT	TP	PF
Braden Smith	7-11	8-8	25	4
Benji Welch	0-2	2-2	2	4
Matthew Penley	3-4	3-4	9	1
Cam Haffner	4-10	0-0	9	1
Nic Depasquale	5-11	4-4	15	4
Luke Naas	2-4	0-0	6	1
Luke Van Dyke	0-0	0-0	0	0
Kai Butterworth	3-4	1-2	8	1
Trey Dorton	1-1	1-2	3	0
Totals	25-47	19-22	77	16

Westfield 3-point shooting (8-18) Smith 3-6, Naas 2-4, Haffner 1-4, Depasquale 1-2, Butterworth 1-2.

Westfield rebounds (26) Haffner 8, Welch 5, Depasquale 4, Butterworth 3, Smith 2, Naas 2, Dorton 1, Penley 1.

Southeastern	FG	FT	TP	PF
Jason Stutz	1-4	1-2	3	3
Alex Totton	0-4	0-2	0	1
Dalton Retzner	9-12	1-1	19	4
Vinny Buccilla	4-13	0-1	11	2
Sam Jacobs	2-5	2-2	6	2
Loudon Sundling	0-4	0-0	0	3
Isaac Bowman	1-5	0-0	3	0
Mohammed Awad	3-4	0-0	6	1
John McCall	10-15	0-2	20	0
Totals	30-66	4-10	68	16

Southeastern 3-point shooting (4-17) Buccilla 3-8, Bowman 1-4, Totton 0-3, Stutz 0-1, McCall 0-1.

Southeastern rebounds (36) McCall 7, Retzner 6, Totton 5, Awad 5, Buccilla 3, Sundling 2, Stutz 2, Jacobs 1, team 5.

Score by Quarters				
Westfield	17	23	17	20 - 77
Southeastern	15	15	21	17 - 68



Photo by Joshua Herd

Westfield's Nic Depasquale scored 15 points for the Shamrocks.

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# Millers split HCC doubleheader with Eagles

Noblesville split a Hoosier Crossroads Conference basketball doubleheader with Zionsville Friday night at The Mill.

The Millers girls team, ranked No. 10 in Class 4A, used a big second quarter to beat the Eagles 67-50. Noblesville led 12-7 after the first quarter, then overwhelmed Zionsville in the second period by pouring in 30 points. That gave the Millers a 42-20 lead at halftime, and they kept a comfortable lead for the entire second half.

Three Noblesville players reached double figures in scoring. Ashlynn Shade scored 22 points and drained four 3-pointers, also getting six rebounds, five assists and four steals.

Reagan Wilson threw in four 3s as well on her way to 16 points. Mallory Miller added 14 points, made six steals and dished out four assists. Kaitlyn Shoemaker had five steals.

In the boys game, Noblesville lead 14-9 after the first quarter. The Millers were still ahead 22-20 at halftime, but Zionsville got ahead by the end of the third period, leading 33-31. The Eagles then outscored Noblesville 16-10 in the fourth.

E.J. Smith scored 10 points to lead the Millers. Noah Harris added nine points and pulled seven rebounds.

The Noblesville girls are 4-2 in HCC play and 15-4 overall, and play at Harrison on Tuesday. Noblesville's boys are 0-3 in the conference and 5-5 overall, and travel to Connersville for a game tonight.

Noah Harris	3-7	2-4	9	2
Luke Almodovar	0-1	2-3	2	4
Preston Roberts	2-4	2-3	7	5
David Lloyd	2-4	2-2	6	2
Josh Durham	2-3	0-0	5	4
Aaron Fine	0-5	2-2	2	2
Evan Wilson	0-0	0-0	0	0
Totals	11-35	16-20	41	22
Score by Quarters				
Zionsville	9	11	13	16 - 49
Noblesville	14	8	9	10 - 41
Noblesville 3-point shooting (3-12) Harris 1-3, Roberts 1-2, Durham 1-1, Smith 0-3, Fine 0-2, Almodovar 0-1.				
Noblesville rebounds (18) Harris 7, Durham 4, Lloyd 3, Smith 2, Fine 1, Roberts 1.				

Reporter photos by Kent Graham

**RIGHT: Noblesville's Reagan Wilson scored 16 points and made four 3-pointers for the Millers' girls basketball team during their 67-50 win over Zionsville Friday at The Mill.**

**BELOW: Noblesville's Noah Harris had nine points and seven rebounds during the Millers' boys game with Zionsville.**



<b>GIRLS GAME</b>				
<b>NOBLESVILLE 67, ZIONSVILLE 50</b>				
Noblesville	FG	FT	TP	PF
Kaitlyn Shoemaker	2-3	0-1	5	1
Ashlynn Shade	7-18	7-7	22	1
Reagan Wilson	5-9	2-2	16	4
Mallory Miller	5-9	0-1	14	3
Emily Wood	1-2	4-4	6	2
Jayla Jones	0-1	2-2	2	1
Emery Denison	0-1	0-0	0	0
Brooklyn Ely	0-2	0-0	0	1
Makenna Mundy	0-1	0-0	0	0
Carly Motz	0-0	0-0	0	1
Dani Mendez	0-0	0-0	0	2
Brooklyn Smitherman	1-1	0-1	2	1
Ava Shoemaker	0-0	0-0	0	0
Totals	21-47	15-18	67	18
Score by Quarters				
Zionsville	7	13	14	16 - 50
Noblesville	12	30	17	8 - 67
Noblesville 3-point shooting (10-20) Wilson 4-6, Miller 4-6, Shade 1-4, K. Shoemaker 1-1, Ely 0-2, Denison 0-1.				
Noblesville rebounds (24) Shade 6, Mendez 4, Wilson 3, Wood 3, Miller 2, Jones 1, Ely 1, A. Shoemaker 1, team 3.				
<b>BOYS GAME</b>				
<b>ZIONSVILLE 49, NOBLESVILLE 41</b>				
Noblesville	FG	FT	TP	PF
E.J. Smith	2-11	6-6	10	3

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# NBA standings

Eastern Conference				
Atlantic	W	L	PCT.	GB
Boston	8	3	.727	-
Philadelphia	9	4	.692	-
Brooklyn	7	6	.538	2.0
New York	5	8	.385	4.0
Toronto	3	8	.273	5.0
Central	W	L	PCT.	GB
Milwaukee	9	4	.692	-
Indiana	8	4	.667	0.5
Cleveland	6	7	.462	3.0
Chicago	4	8	.333	4.5
Detroit	2	9	.182	6.0
Southeast	W	L	PCT.	GB
Orlando	6	6	.500	-
Charlotte	6	7	.462	0.5
Atlanta	5	6	.455	0.5
Miami	4	6	.400	1.0
Washington	3	8	.273	2.5

Friday's games		Oklahoma City 127, Chicago 125
Boston 124, Orlando 97		Utah 116, Atlanta 92
Cleveland 106, New York 103		L.A. Lakers 112, New Orleans 95
Milwaukee 112, Dallas 109		L.A. Clippers 138, Sacramento 100

Western Conference				
Northwest	W	L	PCT.	GB
Utah	8	4	.667	-
Portland	7	5	.583	1.0
Denver	6	6	.500	2.0
Oklahoma City	6	6	.500	2.0
Minnesota	3	8	.273	4.5
Pacific	W	L	PCT.	GB
L.A. Lakers	11	3	.786	-
L.A. Clippers	9	4	.692	1.5
Phoenix	7	4	.636	2.5
Golden State	6	6	.500	4.0
Sacramento	5	8	.385	5.5
Southwest	W	L	PCT.	GB
Dallas	6	5	.545	-
San Antonio	6	6	.500	0.5
Memphis	5	6	.455	1.0
Houston	4	6	.400	1.5
New Orleans	4	7	.364	2.0

## Huskies beat Lapel, Etchison scores 40

Hamilton Heights won another high-scoring game on Friday, beating Lapel 84-75 at the Bulldogs' gym.

The Huskies led 26-20 after the first quarter. Gus Etchison scored 11 of those points, and he was just getting started. The Bulldogs came back to lead 40-38 at halftime, but Heights worked its way back in the third quarter, tying the score at 57-57 by the end of the period. Etchison had 12 points in the third and Noah Linville added five points.

The Huskies took over in the fourth quarter, pouring in 27 points to secure the win. Etchison added another 12 points, giving him a total of 40 points for the game. Etchison's total included five 3-pointers, a 13-of-14 effort from the free-throw line, and he also handed out four assists.

Luke Carroll reached double-double status with 13 points and 10 rebounds, and Carroll also blocked two shots. Lin-

ville finished with 10 points while Braden Kinder had 10 points, six rebounds and four assists.

Heights is 6-2 for the season and hosts Western Boone tonight.

HAMILTON HEIGHTS 84, LAPEL 75				
Heights	FG	FT	TP	PF
Gus Etchison	11-23	13-14	40	0
Noah Linville	4-6	0-0	10	2
Luke Carroll	4-7	5-5	13	4
Isaac Wilson	1-6	3-4	6	3
Braden Kinder	3-9	3-3	10	3
Isaac Tuma	2-7	1-2	5	1
Collin Gilmore	0-0	0-0	0	1
Totals	25-58	25-28	84	14
Score by Quarters				
Heights	26	12	19	27 - 84
Lapel	20	20	17	18 - 75
Heights 3-point shooting (9-24) Etchison 5-12, Linville 2-4, Wilson 1-5, Kinder 1-2, Tuma 0-1.				
Heights rebounds (33) Carroll 10, Kinder 6, Etchison 4, Wilson 4, Tuma 4, Linville 3, Gilmore 2.				

## Golden Eagles return to action . . . GC falls to Covenant in CCC opener

Guerin Catholic finally got back on the court after almost two weeks on Friday, playing its first Circle City Conference game of the season at Class 2A No. 9 Covenant Christian.

The Golden Eagles fell to the Warriors 61-55. Guerin Catholic led 18-17 after the first quarter and 28-27 at halftime, but Covenant Christian outscored GC 17-7 in the third period to take control of the game.

Kaleb Edwards had an outstanding game on both ends of the floor, scoring 27 points, collecting seven rebounds and blocking four shots. Will Grissom added 16 points.

Joseph Bobilya also pulled seven rebounds.

Guerin Catholic is 7-2 overall and plays at Martinsville tonight.

COVENANT CHRISTIAN 61, GUERIN CATHOLIC 55				
Guerin Catholic	FG	FT	TP	PF
Kaleb Edwards	12-17	3-4	27	4
Joseph Bobilya	2-9	0-0	4	2
Matthew Etchison	0-2	0-0	0	1
Will Grissom	7-13	0-0	16	4
Jack Parenteau	0-0	0-0	0	2
Patrick Baird	2-3	0-0	4	1
Elijah Edwards	0-2	0-0	0	1
Spencer Wilt	2-4	0-0	4	0
Garrett Kreiner	0-0	0-0	0	1
Totals	25-50	3-4	55	16
Score by Quarters				
Guerin Catholic	18	10	7	20 - 55
Covenant	17	10	17	17 - 61
Guerin Catholic 3-point shooting (2-13) Grissom 2-4, Bobilya 0-5, K. Edwards 0-3, Baird 0-1.				
Guerin Catholic rebounds (29) K. Edwards 7, Bobilya 7, Etchison 4, Grissom 3, E. Edwards 1, Baird 1, Wilt 1, Parenteau 1, team 4.				

kent graham images

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